

Nistha Bajgain

Date of Birth: 26 November 2000

Nationality: Nepalese

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Residence Address: Unit 5, 81 Northumberland Road Auburn NSW 2144

Summary

I am an ambitious and compassionate person aspiring to practice, acquire and improve skills to promote health across the nursing care continuum. I desire to improve the health and wellbeing of individuals. I am an honest and ethical nurse who will prioritize tasks effectively. I will seek guidance and assistance from my RN and senior colleagues when necessary to function effectively in the role of Assistance in Nursing.

Education

- Proficiency Certificate level in Nursing (Biratnagar Nursing Campus, Biratnagar Nepal)
- Certificate III in individual Support and disability (Encourage Training College, Auburn NSW)

Work History

1. Registered Nurse

Manmohan Memorial Eastern Regional Community Hospital, Birtamode, Nepal

Duties and Responsibilities:

- Monitoring and recording patient health and symptoms.
- Taking vital signs, attending doctor round, and following the orders.
- Taking detailed notes about medical history.
- Collaborating with the medical team and administering medications and preparing for other treatments along with taking samples to perform tests.
- Providing personal care, support and counselling to the patient and their family.
- Providing medications to the patient as prescribed.

2. Assistant in Nursing

Bupa Aged Care, Dural (1 Stonelea Ct, Dural NSW 2158)

Duties and responsibilities:

- Assess and document reviews of varied assessments and needs of clients with accuracy and attention to detail.
- Providing care as needed on a priority basis.
- Assist in maintaining personal/palliative care, including personal hygiene, oral hygiene, feeding, dressing, and undressing and grooming.
- Assisting clients with their mobility and communication needs.
- Reassess care plans and reporting concerns to shift leader.
- Actively access and manage risk within clinical areas.
- Taking and recording vital signs and food and fluid intake and output as directed.

Skills and Capabilities

- Companionship and emotional support
- Observing responses
- Supporting personal needs
- Infection control
- First aid and CPR
- Manual handling
- NDIS Workers Orientations
- Strong multi-tasking skills and team coordination
- Work under pressure with time management and positive attitude

Driving License

- International Driving License

Availability

- Unlimited Working Entitlements
- Full time including weekends.
- Able to adjust hours depending upon the nature of work.

References

- Srijana Bhattarai
Registered nurse
Contact: 0414129400
Email: Srijana.bhattarai@bupa.com.au

- Indira Dhungyal
Registered Nurse
Contact: 0423312637
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