

Nisha Gautam Timshina
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Objectives

Seeking a Support Worker/ Nurse Assistant position with a facility that will allow me to correspond to employers professionally and offer the highest level of comfort and care to patients.

About me

I am self-motivated, disciplined, hardworking and ambitious person ready to work in any kind of environment and adaptable in that environment. I have good communication skill and can work as a good team member with independent mentality.

Competences

- Energetic, hard working and quick learner
- Open minded to work in complex environment and projects
- Consistent user of internet as well as Microsoft office software
- Implement and monitor WHS policies, procedures and programs to meet legislative requirement
- Good written, communication skills
- Use and respect copyright
- Design and develop complex text documents

Key skills

- Provided person entered care to elderly people living in residential aged care facility
- Provided support to people living with Dementia and who need help for their daily activities
- Demonstrated time management skills
- Worked as part of team and have shown flexibility during work
- Good attention
- Initiative and capacity to work with minimal supervision or in a team
- Excellent work ethics with commitment and motivation
- Enthusiastic, diverse and open minded
- Good ability to understand and follow verbal and written instructions
- Able to anticipate to the needs of the patient
- Creative, self-motivated and proactive
- Demonstrated ability to interact with patients, relatives and all level of staff

Education

- Certificate III in Individual support – 2016
- Certificate III in Health Services Assistance - 2016
- Manual Handling Competency training - 2016

Employment history

- 1) Assistant in Nursing
Special Dementia Care Unit (sep 2016 to may 018)
Terrey Hills Nursing Homes, Thompson Health Care(THC)
Terrey Hills

Responsibilities

- Assist resident with daily hygiene requirements such as showering, oral hygiene and personal care
- Bed making, dressing and grooming, feeding the resident/client
- Preparing food for residents and feeding & cleaning up after meal
- Maintaining clean and dry bed and linen
- Effective communication with residents to understand their needs and requirements
- Assisting with walking and transfers

- 2) Care Service Employee
Banks Lodge (aug 2017 to till now)
Uniting care, Peakhurst NSW

Responsibilities

- Assist resident with daily hygiene requirements such as showering, oral hygiene and personal care
- Bed making, dressing and grooming, feeding the resident/client
- Assist client with medication
- Preparing food for residents and feeding & cleaning up after meal
- Maintaining clean and dry bed and linen
- Effective communication with residents to understand their needs and requirements
- Assisting with walking and transfers
- Demonstrating respect for the rights, confidentiality, independence and autonomy of residents
- Remaining calm in difficult situations while ensuring clients requirements are met
- Maintain confidentiality in accordance with professional practice and legislative requirements
- Cleaning the rooms including toilet and sinks
- Mopped and vacuumed the floors, filled paper towels, toilet paper and soap dispensers
- Cleaning mirror glass
- Removed trash, emptied waste containers and removed waste from the premises to selected area

Additional Information

- National Police Certificate
- Driving License
- Permanent Resident

References

- Upon Request.