Niru Pokhrel

14/117-119 Castlereagh Street Liverpool, NSW 2170

- **C** Phone: 0405097044
- Email: <u>nirupokhrel510@gmail.com</u>

Objective:

Compassionate and dedicated overseas Registered Nurse with over **2.5 years** of overseas experience working in the **Medical ICU** at Neuro Cardio and Multispecialty Hospital, Nepal. I am seeking full-time employment as an Assistant in Nursing. I wish to have a career that fully utilizes my skills and expertise, joining an organization that values enthusiasm, professionalism, and a commitment to taking on significant responsibilities and opportunities.

<u>Training:</u>

- First Aid Training
- CPR Training
- Manual Handling

Certificates:

- Police Check Certificate
- First Aid and CPR Certificate
- Certificate IV in Ageing Support (With Medication)
- Hand Hygiene Certificate
- NDIS Worker Orientation Module Certificate

Personal Attributes:

- Problem-solving and multi-tasking skills.
- Strong work ethic, exceptionally reliable, and hardworking.
- Excellent organizational prioritization, and time management skills.
- Good Communication, interpersonal.
- Ability to work well in a team.
- Independently with minimal supervision.

Professional Skills:

- Compassionate and empathetic approach to caregiving.
- Proficient in providing personal care assistance, including bathing, dressing, and grooming.
- Ability to support individuals with mobility challenges, including using mobility aids and transferring techniques.
- Excellent communication skills in interacting with clients, their families, and health care professionals.
- Strong problem-solving abilities to address unexpected situations and challenges effectively.
- Patience and calm demeanor to provide reassurance and emotional support to clients.
- Knowledge of ageing and disability rights and advocacy to ensure clients' needs are met.

Experience:

- Placement in Oran Park House (Thompson Health Care) for 3 weeks.
- Registered Staff Nurse, (Neuro Cardio and Multispecialty Hospital, Nepal Medical ICU Department from July 10, 2022 March 16, 2025).

Availability:

• Any time (Full-time working right)

Reference:

Sanam Nhemhafuki

Role: Registered Nurse Email: <u>sanamnhemhafuki@gmail.com</u> Contact: 0452248978 Oran Park House (Thompson Health Care)

Sarita Poudel Rijal

Role: Registered Nurse Email: <u>saritapoudel48@yahoo.com</u> Contact: 0403750304 Oran Park House (Thompson Health Care)

Aman Benipal

Role: Registered Nurse Email: <u>goldie_benipal@hotmail.com</u> Contact: 0499874000 Oran Park House (Thompson Health Care)