

NIRJALA DAHAL

Moss Vale, NSW 2577

041-021-2052 - nirjaladahal34@gmail.com

PROFESSIONAL SUMMARY

Seeking a Nursing Assistant position with a facility that will allow me to correspond to employers professionally and offer the highest level of comfort and care to patients. Have over 5 year's nursing assistant experience able to anticipate to the needs of the patient. Creative, self-motivated and proactive. Demonstrated ability to interact with patients, relatives, guests, and all levels of staff Effective planning, organizational and detail-orientation.

SKILLS

- Individualized Care
- Feeding Assistance
- Bed Transfers
- Resident Support
- Oral Hygiene
- Supporting Daily Living Needs
- Taking Vital Signs
- Infection Control
- Mobility Assistance
- Intake Monitoring

WORK HISTORY

10/2021 to Current **Assistant in Nursing**
Harbison Care – Moss Vale, NSW

07/2017 to 06/2021 **Assistant in Nursing**
Greenwood Aged Care – Normanhurst

- Showering, sponge, and bed bath
- Dressing, Grooming, Housekeeping,
- Toileting including colostomy/catheters care
- Ensuring residents are suitably groomed
- Daily progress noted
- Incident Reports
- Providing emotional support for residents and families
- Assisting residents in maintaining mobility and independence where possible
- Dementia care, High care nursing home/Low care Hostel
- Team work
- Infection control
- Maintain dignity/privacy

- Providing customized care according to individual health plan.

EDUCATION

05/2015

Certificate III in Aged Care

Nurse Training Australia - Burwood, NSW

REFERENCE

Rona Dhakal (Registered Nurse): 0452344371

Manamaya Maharjan (Registered Nurse): 0431122758