

# Nimesh Pudasaini

03/12 Range Road, North Gosford 2250

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Enthusiastic and dedicated Assistant in Nursing (AIN), currently third year Nursing student. Hands-on experience in personal care, hygiene assistance, and resident support. Proven commitment to delivering compassionate care, ensuring comfort, dignity, and independence for residents. Skilled in adhering to care protocols, effective communication, and supporting residents with Activities of Daily Living (ADLs).

## SKILLS ACQUIRED DURING PLACEMENT,

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### ❖ Resident Care

- **Personal Hygiene Assistance:** Assisted residents with bathing, grooming, and other personal hygiene tasks, ensuring their comfort and dignity.
- **Repositioning Residents:** Assisted in turning or repositioning bedridden residents to promote blood flow and prevent bedsores.
- **Vital Signs Monitoring:** Accurately measured and recorded residents' blood pressure, temperature, pulse, and respiratory rate.

### ❖ Communication:

- **Organized and Effective Communication:** Developed the ability to quickly learn and effectively contribute to team efforts, ensuring clear and respectful communication with residents and staff.
- **Responding to Call Bells:** Promptly answered buzzers and reported any changes in residents' health status to nursing staff for immediate assessment.

### ❖ Operational Support

- **Infection Control:** Implemented and followed strict protocols to prevent the spread of infections, including proper hand hygiene and the use of personal protective equipment (PPE).
- **Light Cleaning Duties:** Performed tasks such as emptying wastebaskets, mopping, and sanitizing surfaces to maintain a clean environment.
- **Patient Advocacy:** Acted as an advocate for residents ensuring their needs and concerns were communicated and addressed within the healthcare system.

## CERTIFICATIONS AND TRAINING

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- Certificate III in Ageing Support

- NDISW Screening Check
- First Aid and CPR Training
- Manual Handling

## **EMPLOYMENT HISTORY**

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❖ Aurrum Aged Care, Erina NSW

05/2022 - Present

❖ Woodport Aged Care, Greenpoint NSW

04/2023 - Present

- Documented care actions by completing records and logs in the medical software system.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Helped patients effectively manage routine bathing, grooming and other hygiene needs.
- Reported unusual or urgent circumstances in patients' condition or environment immediately to nurse supervisor
- Collaborated with peers and attended meetings to brainstorm new activities for patients and discuss ways to resolve issues.

## **Skills**

- Patient Relationship Building
- Companionship and Emotional Support

- Patient Care and Safety
- First Aid
- Personal Care Needs

## **Education and Training**

Certificate III in Individual Support

(Ageing/Disability)

The University of Newcastle (Studying Nursing)

## **References**

Gyanendra Pun (Registered Nurse)

Email: Pun.gyanendra12@gmail.com

Contact: 0450940065

Marry Chhatkuli (Registered Nurse)

Email: Marrycgh@gmail.com

Contact: 0420289459