

Nilam Thapa
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Professional Summary

Seeking a position of Assistant in Nursing/ Personal Care Assistant in your organization where I can utilize my academic qualification and work experience to become a valuable health professional and contribute to the success of my employer. I am a skilled care provider assisting elderly, convalescents, or persons with disabilities with daily living activities in-home or within care facilities. I am a fully vaccinated against COVID and have valid working with children check (WWCC).

Skills

- First Aid
- CPR
- Manual Handling
- PPE
- Infection control procedure
- Computer skills (MS word, Excel, PowerPoint)

Work History and placement:

Fresh and Store Services Team Member, 03/2023 -

Present Woolworths Rosebery Metro, NSW

- Actively contributing as a team member, ensuring excellent customer service and support.
- Actively listened to customers, handled concerns quickly and escalated major issues to supervisor.
- Provided excellent customer service and support in a supermarket setting.
- Followed safety procedures, including wearing appropriate safety gear and using equipment safely and correctly.

Placement and training

Student Enrolled Nurse Placement Torrens University, 19/08/2024 – 30/08/2024
Summitcare Waverly, 321 Bronte Rd, Waverly NSW 2024

- Assisting in ADLs of residents such as showering, feeding toileting, maintaining oral hygiene.
- Assist in preparing progress note.
- Assist in preparing nursing handover report.
- Assist in taking vital observations of residents and filling up report.
- Assisting life support officer for various activities designed for residents.

Personal Care Assistant, 15/03/2024- 15/04/2024

Monavale View Care Community, 2 Jenkins Street Mona Vale 2103

- Administer prescribed medication by medical officer.
- Provided personal care to residents, including assistance with bathing,

- grooming, dressing, toileting, and mobility.
- Assisted with meals, including feeding residents and ensuring that dietary requirements were met.
- Monitored and reported changes in residents' conditions and raised concerns to RN on duty.
- Provided emotional support and companionship to residents, engaging in conversation and activities with them.
- Maintained cleanliness and hygiene in residents' rooms, including changing bed linens, tidying up, and cleaning surfaces.
- Assisted with transfers and mobility, using appropriate equipment and techniques to ensure resident's safety.
- Collaborated with other healthcare professionals, such as nurses and managers, to ensure that resident's needs were met, and that care was delivered in a timely and efficient manner.

Education and Certification

1. Diploma of Nursing 02/2024 –
Present Torrens Education,
Surry Hills, NSW
2. Certificate IV in Aged Care
29/04/2024 Australia Education
& Career College
3. HLTAID011 Provide First Aid,
05/2024 Oscar Training Centre,
Rockdale, NSW
4. HLTAID010 - Provide basic emergency life support,
05/2024. Oscar Training Centre, Rockdale, NSW

References

1. Deepa Phagami Sharma,
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2. Pramila Sedai
Registered Nurse
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