

NICOLE FLEMING

Sydney, NSW 2032 | +61450815939 | nicolepower6@gmail.com

Summary

Nursing Assistant with 3 years + experience in delivering high quality care to patients meeting their emotional, physical & nutritional needs. I am a quick learner & I can easily adapt to new people and places and always helpful with clinical staff and ready to offer personalised care. Proficient in documenting patient observations & any new changes. I am well capable of dealing with challenging behaviours and uncomfortable situations as I have been working with a lot of diverse needs. I am committed to complying with all health & safety practices & procedures.

Experience

Nursing Assistant Jun 2023 to Current

Nursing Solutions - Nowra, Australia, NSW

- Assisted residents with toileting & any personal needs required.
- Maintained standard procedures & good clinical practice.
- Managing challenging behaviours
- Assisting the RN with wound dressings.

Nursing Assistant Apr 2023 to Current

Uniting - Berry, Australia, NSW

- Calculated food and liquid intake and recorded vital statistics on database for patient monitoring.
- Helped Residents improve mental wellbeing by providing a helpful and happy service throughout their personal care.
- Documenting all care provided to the resident & assisting with any changes/updates needed to be made to their care plans.
- Attended staff training to keep up to date on care home regulations, best practices and safety standards.
- Kept residents rooms cleaned & hygienic by performing routine checks daily.
- Serving/Preparing meals for the residents, learning their likes/dislikes.
- Supporting residents independence & assisting with their limited mobility.
- Planning Activities for the residents & assisting with outings.

Nursing Assistant Oct 2022 to Apr 2023

Summit Care Waverley - Sydney, Australia, Waverley, NSW

- Maintaining clear communication with residents & their family members.
- Observed symptoms to monitor unusual changes requiring medical attention.
- Assisted patients in the basic hygiene requirements, including bathing, washing and dressing.
- Assisting residents with no mobility for transfers using the type of hoist required for that resident.
- Measured blood pressure, pulse rate and oxygen level as part of physical assessments.

Nursing Assistant Mar 2020 to Sep 2022

Mooncoin Residential Care Centre - Kilkenny, Ireland

- Assisting Residents with their personal care & assisting with feeding.
- I Charted patient information related to vital signs, pain management and daily inputs and outputs.
- Measuring & recording patients height & weight.
- Welcoming & orientating new residents to the home.
- Repositioning patients for their comfort and to avoid bed sores.
- Positioned and transported patients in wheelchairs or on movable beds.

Skills

- I have a compassionate and caring nature & ability to remain calm and patient in complex situations.
- I am very empathetic & a strong communicator.
- I am very observant & pay attention to small details that may occur.
- Strong work ethic & I have quick thinking skills.
- I am very organised in the work place & a great team player.

Education

QQI level 5 , Health Care Support Major Award

2021

The Open College - Dublin, Ireland

Distinction in all modules

- **Care Support**
- Care of the older person
- Palliative Care
- Intellectual Disability Studies
- Care Skills
- Personal Effectiveness
- Health & Safety at work
- Work experience

Certifications

- NDIS worker clearance check
- National Police check