

CURRICULUM VITAE

Contact Information

Full Name: **KARISHMA KIRISHTIKA KUMAR**

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Professional Summary

Compassionate and dedicated Assistant in Nursing (AIN) in aged care in Sydney. Skilled in providing high-quality personal care, supporting daily living activities, and promoting dignity and independence for elderly residents. Adept at building positive relationships with residents, families, and interdisciplinary teams. Committed to creating a safe, comfortable, and respectful environment while adhering to care plans and organizational standards.

Dedicated and compassionate overseas registered nurse with 10 years of experience. Skilled in providing high-quality patient care, collaborating with interdisciplinary teams, and implementing evidence-based practices to improve patient outcomes.

Licenses and Certifications

Registered Nurse (RN) License, Fiji (**Australian RN registration in process**)

CPR / AED / First-Aid certificate- Completion- Oct 2023- valid for 2yrs.

NDIS worker check

Education

Diploma in community services October 2024 – present

Victorian Institute of Education, Sydney Australia

Certificate IV in Aging Support

Victorian Institute of Education, Sydney Australia - 2024

Postgraduate Diploma in Mental Health Nursing, Award of Excellence (GOLD MEDAL)- 2022

Fiji National University, Suva – 2022

Bachelor of Nursing

Fiji National University, Suva-2018

Diploma in Nursing

Fiji National University, Suva- 2011-2013

Professional Experience

**Assistant in Nursing- Age Care, RSL Life Care, Governor Philip Manor
64 Glebe Place, Penrith, NSW.**

November 2023 till present.

- ✓ Assisted with personal care, mobility, and transfers.
- ✓ Monitored resident's health.
- ✓ Engaged in emotional and social support.
- ✓ Maintained hygiene and cleanliness.
- ✓ Worked closely with Registered Nurses (RNs), Enrolled Nurses (ENs), families and other care staff to provide holistic care.
- ✓ Emergency Assistance
- ✓ Documentation.

REGISTERED NURSE, Ministry of Health and Medical Services, Fiji.

General nursing

2014- 2016

CWM Hospital, Suva

Mental health & general nursing

2016 till 2023

St. Giles Psychiatric Hospital, Suva

Roles, Responsibilities and Experience

- Supervisor role
- Shift charge roles
- Unit in charge roles
- Leadership and mentoring role
- Training, Teaching, and supervising junior staffs

- General nursing duties (Administering medications, wound care, manual handling, assisting with mobility assistance with personal care, toileting, grooming and feeding, providing emotional support, changing bed linens, NGT feeding and IDC care)
- Medical and surgical nursing
- Obstetric and pediatric nursing
- Mental health nursing
- Alcohol and other drug management and counselling
- Occupational therapy
- Counselling
- Community mental health nursing
- Age care (chronic old age mentally ill patients with no family support)
- Forensic mental health nursing
- Health promotion

SKILLS

Leadership and management

Teamwork

Good communication skills

Organization skill

Decision making skill

Ethics

Critical thinking

Patient care

Infection Control

Patient education

Working under pressure and overtime

Problem solving

Patient assessment

Time management

Computer skills

Printing and photocopying

References

Elizabeth Charity Koroivuki

Principle House Officer, Psychiatry

Townsville University Hospital,

Townsville 4814 QLD

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Priscila Makasia

Registered Nurse

RSL Life Care, Governor Philip Manor

64 Glebe Place, Penrith.

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