

Nanise Masilaca

Personal Carer



Gosford, NSW, 2250



0456104750



nansmasee@gmail.com

Compassionate Carer possesses gentle touch and caring attitude centered on treating people with dignity and respect. Expertise in Assisting care in Aged Care Facilities and Home Care. Collaborative team player with strong clinical and interpersonal skills. Available 35 hours per week, including weekends and evenings.



Skills

- Caring Companionship
- Team Collaboration
- Household Cleaning
- Time Management
- Clear Communication
- Attentive to People
- CPR Certification
- Personal Service
- Bedside Care
- First Aid Certification
- Personal Hygiene Assistance
- Infection Prevention and Control
- Word Processing
- Client Transportation
- Documentation and Recordkeeping
- Blood Glucose Monitoring
- Mobility Assistance
- Incontinence Care
- Grocery Shopping
- Safety Compliance



Work History

2019-05 - Current

Personal Carer

Presbyterian Aged Care, Gosford, NSW

- Provided assistance in daily living activities by dressing, grooming, bathing and toileting patients.
- Monitored progress and documented patient health status changes to keep care team updated.
- Turned and positioned bedbound patients to prevent bedsores and maintain comfort levels.
- Developed rapport to create safe and trusting environment for care.
- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Maintained clean personal areas and prepared healthy meals to support client nutritional needs.

2019-01 - 2019-03

Personal Caregiver

Home Care, Brisbane, QLD

- Administered medication as directed by physician.
- Transported individuals to events and activities, medical appointments and shopping trips.
- Provided assistance in daily living activities by dressing, grooming, bathing and toileting patients.
- Assisted patients with self-administered medications.
- Turned and positioned bedbound patients to prevent bedsores and maintain comfort levels.
- Planned healthy meals, purchased ingredients and cooked meals to provide adequate nutrition for client wellbeing.
- Provided safe mobility support to help patients move around personal and public spaces.
- Monitored client vital signs, administered medications and tracked behaviors to keep healthcare supervisor well-informed.
- Transported patients via wheelchair to and from rehabilitation and daily activities.
- Cleaned house, ran errands, managed laundry and completed weekly grocery shopping.
- Maintained clean, safe and well-organized patient environment.

2014-06 - 2016-07

Care Service Employee

The Salvation Army Employment Plus, Brisbane, QLD

- Provided assistance in daily living activities by dressing, grooming, bathing and toileting patients.
- Supervised daily activities and provided assistance to staff.
- Provided safe mobility support to help patients move around personal and public spaces.
- Transported patients via wheelchair to and from rehabilitation and daily activities.
- Assisted clients with daily living needs to maintain self-esteem and general

wellness.

- Maintained clean, safe and well-organized patient environment.
- Kept patients mentally alert by entertaining, conversing and reading aloud.
- Turned and positioned bedbound patients to prevent bedsores and maintain comfort levels.
- Consulted with supervisors to assess cases and plan strategies for enhancing care.
- Monitored progress and documented patient health status changes to keep care team updated.



Education

1989-01 - 1995-12



High School Diploma

Ballantine Memorial School - Fiji Island



Certifications

2016-12



Certificate IV in Individual Ageing Support

2021-07



Certificate in CPR- July 2021-July 2022



Working with Children Check 2025



Certificate in First Aid 2019



Additional Information



Reference :

- Lucy Rowe. Presbyterian Facility Manager Gosford NSW 2250
- Reshmi Singh. Registered Nurse.Presbyterian Aged Care,Gosford NSW 2250.