

## CAREER OBJECTIVE

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To secure a position in an aged care facility as an Aged Care Worker, where my skills and experience can be utilized to provide excellent care to elderly residents. Dedicated and compassionate Registered Nurse with 5 years of experience in acute care settings. Skilled in assessing, planning, implementing, and evaluating nursing care plans for patients of varying ages and medical conditions. Proven ability to effectively communicate with patients, families, and healthcare team members. Highly motivated and enthusiastic about providing exceptional patient care.

## CORE COMPETENCIES / SKILLS

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- ✓ Excellent working ability to adapt efficiently in a large or small team environment.
- ✓ Provide quality support services and care for frail, aged and disabled clients.
- ✓ Outstanding Organization and Time-management skills; Able to ensure efficient and effective running of the business and meet deadlines.
- ✓ Ability to lead and motivate a team of people. Excellent motivation and professional attitude and positive outlook and manner.
- ✓ High attention to detail and able to work to policies and procedures
- ✓ Exemplary ability to successfully Problem Solve.
- ✓ Current valid First Aid Certificate, CPR Certificate and Manual handling Certificate.
- ✓ A passion for supporting choices and independence and have Police clearance check.
- ✓ Excellent communication and interpersonal skills
- ✓ Strong clinical assessment and critical thinking skills
- ✓ Proficient in electronic medical records (EMR) and computerized charting
- ✓ Knowledgeable in infection control practices and standards of care
- ✓ Ability to work collaboratively with interdisciplinary healthcare teams

## PROFESSIONAL EXPERIENCE

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DATES	POSITION	ORGANISATION
December, 2018 - June, 2021	Registered Nurse	Chitwan Medical College, Chitwan, Nepal
May, 2021 - July, 2022	Registered Nurse	Bharatpur Hospital, Chitwan, Nepal
March, 2023 - April, 2023	Aged Care Worker	Enhance Hope Service, Perth, Australia
March 2023 – Till now	Aged Care Worker	SNS Nursing Service, Perth, Australia

### Responsibilities:

- Assessed patients' conditions and implemented nursing care plans accordingly.
- Collaborated with interdisciplinary healthcare team to coordinate and implement care.
- Monitored and documented patients' vital signs, symptoms, and response to interventions. Educated patients and families on their health conditions, medications, and care plans.
- Administered medications, treatments, and procedures as ordered by physicians.
- Documented patients' progress and collaborated with healthcare team to adjust care plans as necessary.
- Educated patients and families on their health conditions, medications, and care plans.
- Provided assistance with daily tasks such as showering, dressing, shopping, preparing food and eating.
- Manual handling.
- Administering Medication.

## EDUCATION

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- ✓ 2023 Certificate IV in Ageing Support  
[Victoria Healthcare College, Victoria, Australia]
- ✓ 2019 Basic Life Support course for Nurse  
[Nepal Critical Care Development Foundation (NCCDF), Kathmandu, Nepal]
- ✓ 2019 Pulmonary & Critical Care Medicine  
[Chitwan Medical College, Bharatpur, Nepal]
- ✓ 2018 PCL Nursing  
[Chitwan Academy for Technical Education, Chitwan, Nepal]

## Proficient languages

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- ❖ English
- ❖ Nepali
- ❖ Hindi

## REFEREES

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