

Ana Paradis

ASSISTANT IN NURSING

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OBJECTIVE

I am a dedicated and compassionate Assistant in Nursing seeking a position in aged care to provide exceptional support and care to elderly residents. I am committed to promoting the well-being and quality of life for seniors by assisting with daily activities, monitoring health conditions, and fostering a safe and comfortable environment. I am skilled in building a strong rapport with residents, families, and interdisciplinary healthcare teams. I am eager to contribute my skills, empathy, and knowledge to enhance the lives of those in need within the aged care community.

EMPLOYMENT HISTORY

NSW Health Fairfield Hospital (01/2023 - 06/2023)

AIN in Acute Care

- Assisting registered nurses and healthcare professionals in providing direct patient care in an acute care setting.
- Monitoring and documenting vital signs, including temperature, blood pressure, pulse, and respiration.
- Assisting with activities of daily living (ADLs), such as bathing, dressing, feeding, and toileting.
- Assisting patients with mobility and ambulation, including transferring and positioning.
- Observing and reporting changes in patient's conditions to the nursing staff.
- Assisting with patient assessments, including collecting and documenting patient data.
- Administering medications under the supervision and direction of registered nurses.
- Assisting with wound care, including dressing changes and maintaining a clean and sterile environment.
- Assisting with medical procedures and treatments as directed by healthcare professionals.
- Providing emotional support and comfort to patients and their families.
- Ensuring patient safety by following infection control protocols and maintaining a clean and organized environment.
- Collaborating with the healthcare team to ensure efficient and effective patient care.
- Adhering to established policies, procedures, and protocols in accordance with healthcare regulations and standards.

Southwest Care NDIS provider (09/2022 - 12/2022)

Disability Support Worker

- Provide direct support and assistance to individuals with disabilities in accordance with their NDIS plans.
- Assist clients with daily living activities, including personal care, hygiene, and meal preparation.

- Facilitate community participation and social inclusion by organizing and accompanying clients to various events, outings, and recreational activities.
- Monitor and document clients' progress, behaviors, and any changes in their health or well-being, reporting any concerns to the appropriate supervisors or healthcare professionals.
- Administer medication, if required, adhering to proper protocols and ensuring accurate record-keeping.
- Provide emotional support and promote a positive and empowering environment for clients.
- Collaborate with a multidisciplinary team, including other support workers, healthcare professionals, and family members, to ensure coordinated and comprehensive care.
- Maintain confidentiality and respect the privacy and dignity of clients at all times.

Scalabrini Village Chipping Norton - (2021 - 2022)

Assistant in Nursing

SWIAA Village - (2020 - 2021)

Assistant in Nursing (Casual)

Blue Hills Manor - (2020)

Assistant in Nursing (Casual)

SWIAA Village - (2016 - 2017)

Assistant in Nursing (Part-time)

Summitcare - (2015 - 2016)

Assistant in Nursing (Part-time)

Scalabrini Village Austral - (11/2013- 01/2015)

Assistant in Nursing (Part-time)

- Assisting elderly residents with daily activities such as bathing, dressing, grooming, and eating.
- Assisting with mobility and transfers, using proper lifting and positioning techniques.
- Providing emotional support and companionship to residents.
- Observing and reporting any changes in residents' physical or mental conditions to the supervising nurse.
- Assisting in the implementation of care plans and ensuring residents' individual needs are met.
- Assisting with meal preparation, feeding, and monitoring residents' dietary requirements.
- Maintaining cleanliness and hygiene in residents' living areas.
- Assisting in organizing recreational activities and social programs for residents.
- Collaborating with healthcare professionals, such as nurses and doctors, to provide comprehensive care.
- Upholding the principles of privacy, dignity, and respect in all interactions with residents and their families.

SWIAA Village - (2017- 2019)

Receptionist

- Greeting and welcoming visitors, residents, and families.
- Answering calls and directing them to the appropriate staff.
- Managing resident inquiries and providing accurate information.
- Assisting with admissions and scheduling appointments.
- Maintaining records and updating databases.
- Handling administrative tasks and managing supplies.
- Collaborating with staff for efficient communication.
- Respecting resident confidentiality and privacy.
- Addressing complaints and escalating as needed.
- Following protocols and emergency procedures.
- Providing general support to facility staff.

EDUCATION

Certificate IV in Disability (2022)

Queensland Institute of Education.

Reception and Office Support (2018)

The Career Academy

Health Services Assistant (Assisting in Nursing Work in Acute Care) Course (2013)

TAFE

LANGUAGES

- **Fluent in Spanish and English**
- **Basic Italian**

REFERENCES

Senior Registered Nurse at Fairfield Hospital

Name: Andrea Pinto

Phone: 0421331738

Team Leader at Swiaa Village

Name: Sandhya Chand

Phone: 0422891474

Care Manager at The Salvation Army

Name: Pamela Cassar

Phone: 0403817447