

Resume updated on: June/24/2023
Liopelo Khechane Tekane, RN, RM
Lower Thamae
Maseru
Lesotho
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CAREER OBJECTIVE

Liopelo is an expert at utilizing any existing medical resources to provide an appropriate care to patients. She has a positive effect on any ward or nursing team that she works with and can be relief upon to provide good services in accordance with the established hospital policies, regulations and procedures. In her current role she has a patient focused approach to care.

QUALIFICATIONS

- **Total of _11_ years of Clinical Experience**
- **Total of 2 years working with elderly people in Medical/surgical /gynaecology outpatient departments**
- BLS /ALS
- Lesotho Nurses Association
- Good knowledge with computer desktop operation and Microsoft office programs.

Exposure to:

Acute Inpatient Rehabilitation criteria
Discharge planning

LICENSES AND CERTIFICATIONS

Institution : Lesotho Nursing Council
Nursing Registration No. : 3130

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Certification
Institution : General Certificate in First Aid
Date Passed : Lesotho Red Cross
: February 2009

Certification
Institution : Certificate of Achievement in Function of Health and safety
Date Passed Representatives and Committee Members Training Course
: April 2014

Certification
Institution :Certificate of Participation in Strengthening Pharmaceutical
Date Passed Systems programme
:Ministry of Health and Social Welfare Support by USAID
through Management Sciences for Health
:August 2011

FORMAL EDUCATION

2011-2012	National Health Training College Botsabelo Lepereng Maseru Lesotho Start Date: July 2011 Graduation: November 2012	Degree Received: Diploma in Midwifery
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2008-2011	National Health Training College Botsabelo Lepereng Maseru Lesotho Start Date: July 2008 Graduation: November 2012	Degree Received: Diploma in General Nursing
2001-2007	Johnson Baker High school Ha Motlere Mafeteng Lesotho Start Date : January 2001 Graduation : December 2007	Degree Received : Cambridge Overseas School Certificate (C.O.S.C)

NURSING EMPLOYMENT EXPERIENCE

Queen Elizabeth 11 Hospital Central Maseru

Mpilo Road

Total Employment: **05/01/2021- CURRENT**

Job Title: Registered Nurse midwife

Supervisor's Name: Mimi Mmota

Supervisor's Phone Number: +26658454999 / motamimi27@gmail.com

Type of Business: Senior Nursing Officer

Position: **Registered Nurse midwife , 45 hours / week, 4-8 Patients** Area:
Medical/Surgical/Gynaecology Outpatient department

Roles, Responsibilities, Skills: JCIA standards

- | | |
|--|---|
| <ul style="list-style-type: none"> ✓ Adheres to Data Privacy ✓ Proper Communication & Documentation ✓ Head to Toe assessment ✓ Assists Doctors consultation ✓ Assessing and Proper Carrying out of Doctor's orders. ✓ Medication administration ✓ Intravenous therapy ✓ Foley Cath, Strait Cath insertion ✓ Blood Sugar monitoring ✓ NGT insertion, Tube Feeding | <ul style="list-style-type: none"> ✓ Pain assessment & management ✓ Coordination with Team members ✓ Efficient Time Management and Task Delegation ✓ Health Teaching ✓ Wound care ✓ Infection Control ✓ Pressure Ulcer Prevention ✓ Fall Prevention ✓ Patient transfer and transport ✓ Hospital Information System Management |
|--|---|

Equipment: Infusion Pump, ThermoScan, sphygmomanometer, Pulse oximeter, Stethoscope, Nebulizer, standing scale, Oxygen equipment.

Queen Mamohato Memorial Hospital Netcare Botsabelo Lepereng Maseru Lesotho

Total Employment: **01/11/2012-31/3/2021**

Job Title: Registered Nurse midwife

Supervisor's Name: Likonelo Manyale

Supervisor's Phone Number: +26658911813/ likoneloangelina@gmail.com

Type of Business: Unit Manager

Position: **Nurse midwife , 48 hours / week, 5-10 Patients**

Area: Maternity ward, Postnatal, Labour ward, Antenatal ward, gynaecology ward, Oncology ward,

Roles, Responsibilities, Skills:

- ✓ Practices comprehensive nursing care in accordance with professional values and moral principles and maintains confidentiality as appropriate.
- ✓ Prioritizes client's needs and delegates aspects of nursing care to other nursing personnel within his/her scope of professional responsibility.
- ✓ Assesses, plans, implements and evaluates the nursing care of each client in accordance with client's individuality, abilities, culture and choices.
- ✓ Assesses the quality and appropriateness of client care and resolves identified problems.
- ✓ Performs nursing care in response to clients' needs supported by nursing knowledge, research and reflective practice.
- ✓ Documents the nursing care of each client from admission to discharge in accordance with the general principles and legal requirements for documentation.
- ✓ Promotes an environment which maximizes client safety by utilizing infection control practices and implementing the standards of clients' safety programs.
- ✓ Collaborates with the multidisciplinary team and acts as a client advocate to ensure high quality client care.
- ✓ Utilizes and ensures maintenance of equipment and instruments as appropriate.
- ✓ Participates in teaching and assessing of junior colleagues.

PRIOR EXPERIENCE

Qoaling Filter clinic

Qoaling Filter Clinic

Total Volunteer: **July 2012-September 2012 (3 months)**

Job Title: Volunteer Nurse

Supervisor's Name: Nurse midwife Fuma

Supervisor's Phone Number:

Type of Business: Hospital

Position: **Volunteer Nurse**

Area: **Maternity**

Volunteer Description:

- Learning new methods of suturing.
 - Assistanting in labour and deliveries
 - Giving health educations
 - Understanding a women in labour about being able to help them.
 - Health and safety program
 - Infection control
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SEMINARS AND TRAININGS ATTENDED

Electrocardiogram Observership Training Program

I.V. Therapy Training Program

Holistic Care Training Program

Basic ECG and Arrhythmia Recognition Course

Basic Life Support Training

Advance Life Support Training

Health and safety Training

MEW Score Training

Health and safety Training

Essential Steps in managing Obstetric Emergency

