

ORUMADE BLESSING NWAKAEGO

+2347030766826

Warri, Delta

Ofilib5@gmail.com

Professional Summary



Certified Healthcare Assistant/caregiver with experience in providing hands – on care and support to patients with diverse needs. Skilled in medication management, wound care, vital sign monitoring. Committed to delivery exceptional patient care/client and promoting a safe and supportive environment.

Work Experience

Caregiver/Healthcare Assistant

Duke Memorial Hospital, 03/2025 – Present

- ❖ Helped patients with bathing, dressing, grooming, and using the bathroom.
- ❖ Assisted patients with taking medications, including reminding them to take medications and monitoring side effects.
- ❖ Helped patients with walking, transferring from bed to wheelchair, and using mobility aids.
- ❖ Managed wound care, including cleaning, dressing, and monitoring wounds for signs of infection.
- ❖ Cleaned and maintained patients' homes, including laundry, meal preparation, and light housekeeping.
- ❖ Prepared and served meals to patients, including special diets and texture-modified foods.
- ❖ Assisted patients with grocery shopping, errands, and other household tasks.
- ❖ Monitored patients' vital signs, including temperature, blood pressure, and pulse, and reported any changes to healthcare professionals.
- ❖ Accompanied patients to medical appointments and procedures, including taking notes and asking questions.
- ❖ Offered emotional support and companionship to patients, including listening to concerns and providing reassurance.
- ❖ Accurately maintained patient records, including medical histories, treatment plans, and progress notes.
- ❖ Communicated with healthcare professionals, family members, and other caregivers to ensure coordinated care and support.
- ❖ Coordinated patient schedules and appointments, including booking appointments and sending reminders.
- ❖ Contributed to patient care planning and review, including identifying goals and outcomes.
- ❖ Maintained confidentiality and adhered to data protection policies, including handling sensitive patient information.
- ❖ Engaged in training and professional development opportunities to enhance skills and knowledge.

Health Worker

Onward Gate International School, Yenagoa, Bayelsa | 2018 - 2020

- ❖ Conducted physical examinations, took medical histories, and assessed student conditions to provide appropriate care.
- ❖ Administered medications, vaccines, and other treatments as prescribed by healthcare providers.
- ❖ Managed wound care, including cleaning, dressing, and monitoring wounds for signs of infection.
- ❖ Performed health screenings and tests, such as blood pressure checks, temperature checks, and lab tests.
- ❖ Taught patients about healthy habits, disease prevention, and management of chronic conditions.
- ❖ Offered emotional support and counseling to students.
- ❖ Accurately maintained students' records, including medical histories, test results, and treatment plans.
- ❖ Coordinated students' appointments and schedules, including booking appointments and sending reminders.
- ❖ Ordered medical supplies and equipment as needed.

- ❖ Worked with healthcare teams, including doctors, nurses, and other healthcare professionals, to provide comprehensive care.
- ❖ Participated in quality improvement initiatives to improve students care and outcomes.
- ❖ Shared knowledge and expertise with colleagues and provided support as needed.
- ❖ Participated in community outreach and education initiatives to promote health and wellness.
- ❖ Developed and implemented health programs to promote health and wellness.

Education

NVQ LEVEL 3-5 in CAREGIVER/HEALTHCARE ASSISTANT

GIWOST, Global Institute of Workplace Skills Training,
02/2025 – 03/2025

H.N.D BIOLOGY/MICROBIOLOGY

Fed. Polytechnic Oke Anambra State,
02/2015 – 11/2016

Skills

- ❖ Communication
- ❖ compassion and empathy
- ❖ observation and reporting
- ❖ basic life support
- ❖ infection control
- ❖ medication management
- ❖ mobility and transfer assistant
- ❖ personal hygiene assistant
- ❖ teamwork and collaboration
- ❖ patience and understanding
- ❖ flexibility and adaptability

Certifications

- ❖ Certification in Caregiver Support Service Training, Global Institute of Workplace Skills Training – 2025
- ❖ Certification in Health and Safety in Caregiving, Global Institute of Workplace Skills Training – 2025
- ❖ Certification in Fundamentals of Health and Social Care, Global Institute of Workplace Skills Training, – 2025
- ❖ Diploma Certificate in Health and Social Care, Global Institute of Workplace Skills Training – 2025
- ❖ Certified Support Worker, Global Institute of Workplace Skills Training – 2025
- ❖ Certification in Adult Social Care, Global Institute of Workplace Skills Training – 2025
- ❖ Certification in Manual Handling/ Body Mechanics, Global Institute of Workplace Skills Training – 2025
- ❖ 15 Standard Certificate, Global Institute of Workplace Skills Training – 2024
- ❖ First Aid & CPR Certification, Global Institute of Workplace Skills Training – 2025
- ❖ Certification in Child Care, Global Institute of Workplace Skills Training – 2025
- ❖ Certification in Health & Safety for Health Care Professionals, Global Institute of Workplace Skills Training – 2025
- ❖ Certification in HSE Level 1 (Award in Health and Safety at work) Global Institute of Workplace Skills Training – 2025
- ❖ Certification in Fire safety & HSE Level 2 Risk Assessment, Global Institute of Workplace Skills Training – 2025
- ❖ Certification in HSE Level 3 (Award in Environmental Awareness and Management), Global Institute of Workplace Skills Training – 2025

Languages

English (Native)

Igbo (Native)