# **Professional Summary**

I am a compassionate and dedicated aged care nurse with 13 years of experience in providing high-quality care to elderly patients. My skills include administering medications, monitoring vital signs, and coordinating care plans to ensure the comfort and well-being of residents. I am proficient in maintaining accurate documentation and collaborating with interdisciplinary teams to deliver comprehensive care in accordance with established protocols and regulatory standards. My strong commitment lies in promoting the dignity and independence of elderly individuals within a residential care setting.

### **Employment History**

#### Assistant Nurse

Aurrum | Kincumber & Terrigal Drive | Full time employmentJanuary 2014 – CurrentProviding compassionate care and support to elderly residents by administering medications, monitoring<br/>vital signs, and coordinating care plansSection 100 - 2

Key Responsibilities

- Assisting patients with personal care needs such as showering, toileting, shaving, oral hygiene, dressing and eating.
- Helping patients with mobility and communication needs.
- Following therapy plans to assist those with dementia and behavioural problems.
- Observing and reporting changes in patients' condition.
- Assisting with rehabilitation exercises, basic treatment, and medication delivery.
- Building effective relationships with patients through clear communication and empathy.

### **Assistant Nurse**

Veronica Nursing Home | Full time employment 2011 – 2014 Providing compassionate care and support to elderly residents by monitoring vital signs, and coordinating care plans

Key Responsibilities

- Assisting patients with personal care needs such as showering, toileting, shaving, oral hygiene, dressing, and eating.
- Helping patients with mobility and communication needs.
- Following therapy plans to assist those with dementia and behavioural problems.
- Observing and reporting changes in patients' condition.
- Assisting with rehabilitation exercises and basic treatment.
- Building effective relationships with patients through clear communication and empathy.

# **Qualifications and Proficiencies**

- Dementia Support Skill Set, Worktrain, June 2015
- Palliative Approach Skill Set, Worktrain, June 2015
- Certificate III Assistance in Nursing, Intercept Training, January 2013
- Certificate II Hospitality, Henry Kendall High School, December 2011
- High School Certificate, Henry Kendall High School, December 2010
- NDIS Check and Police Check

### References

#### Meena Karki

Registered Nurse Aurrum M: 0452 501 724

## Ben Garbuja

Registered Nurse Evergreen Life Care M: 0420 737 577 Liz McFadden Care Home Support Officer Aurrum M: 0499 002 224