

MONIKA BUDHATHOKI

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Objectives

To utilize my knowledge in an organization that offers a creative, dynamic and challenging working environment.

RAC Certification & Training

Certificate IV in Aging Support

First Aid

NDIS Module

RAC Strengthened Quality Standards

RAC Feedback and Complaints Management

RAC Incident Management and SIRS for Non-Clinical Staff and Care Workers

Responding to Sensitive Disclosures using the Three R's training

RAC Ecolab - eCircle of Safety training

RAC Ecolab - eCleancare training

RAC Personal Protective Equipment (PPE) Competency training

RAC Ready Steady Move training

RAC Health, Safety and Wellbeing

RAC Fundamental Principles of Infection Prevention and Control training

RAC Aged Care Quality Standards

RAC Fire Equipment & Evacuation training.

WORK EXPERIENCE

02/2024 – present Personal Care Assistant

Catholic HealthCare Ltd. Emmaus Village-Kemps Creek

- Provide quality care according to the current Resident Care Plan to meet the individuals needs and enhance quality of life.
- Assist residents with daily living activities, grooming, mobility and nutrition.
- Contribute to care plans and documentation.
- Communicate effectively and professionally with the Nursing Team

02/2024 – present Cleaning Assistant

Catholic HealthCare Ltd. Emmaus Village-Kemps Creek

- Completion of cleaning tasks include mopping and vacuuming floors, carpet cleaning, damp dusting, cobweb removal, window cleaning, cleaning of toilets, bathrooms, resident rooms, public areas, offices, back of house, waste management and at times external areas including outdoor furniture.
- Undertakes daily, weekly, monthly cleaning tasks as per homes cleaning schedules and documents completion of the scheduled tasks as required.
- Operate mechanical cleaning equipment such as carpet cleaning machines, steam cleaners and hard floor scrubbers.
- Responsible for providing high quality cleaning services for our residents, ensuring resident rooms and common areas are clean and presentable.

EDUCATION

Bachelor in Business Studies.

DAV SUSHIL KEDIA VISHWA BHARATI SECONDARY SCHOOL, NEPAL

Year Completion: 2021

SKILLS & Other Certification

- Complete Beauty Training Course (Hair, Nail, Face & Lashes) – GLOW WITH ANNU.
- Member of Amnesty International
- Member of Young Heart Scout Crew
- Communication Skills, Time Management, Problem-Solving, Team Work
- Sales Focused
- Have a passion and understanding of fashion trendsTeamwork

References

Ms. Garima Timalcina Chataut

Residential Manager- Catholic HealthCare Ltd. Emmaus Village-Kemps Creek

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RN. Anjana Bista Bhandari

Registered Nurse- Catholic HealthCare Ltd. Emmaus Village-Kemps Creek

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