

Gloria Diana Mkamaghanga

Certified Nurse Assistant

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Personal Profile

I am a dedicated Certified Nurse Assistant with over three years of experience in providing compassionate and comprehensive care to patients. I am proficient in assisting with activities of daily living, monitoring vital signs, and supporting medical procedures. I am known for my exceptional communication skills, empathy, and ability to maintain accurate records. My experience spans both hospital and home care settings, where I ensure a clean, safe, and supportive environment for patients. I am committed to upholding high standards of hygiene and patient confidentiality. I am seeking opportunities to contribute to high-quality patient care and support diverse healthcare teams.

Skills

- **Communication Skills:** Possess strong verbal and written communication skills with the ability to effectively convey information to patients, families, and healthcare team members.
- **Patient Care:** Experienced in providing compassionate end-of-life care, focusing on pain management and emotional support, and creating a supportive environment to enhance the quality of life.
- **Emotional Support and Companionship:** Ability to provide emotional support and companionship to patients, helping them feel valued and cared for during their stay, and fostering a comforting and supportive environment.
- **Hygiene and Sanitation:** Ensured patient rooms and common areas were clean, orderly, and conducive to healing, ensuring their overall cleanliness.
- **Administrative Skills:** Experienced in maintaining accurate patient records, including documenting care provided and patients' responses, ensuring compliance with hospital policies and confidentiality standards.
- **Geriatric Care:** Skilled in facilitating group sessions focused on geriatric care and well-being, promoting social interaction and mental stimulation among elderly residents.
- **Caregiving Experience:** Expertise in assisting with daily living activities to support the independence and well-being of patients ensuring their comfort and dignity.
- **Problem-solving:** Ability to think on my feet and troubleshoot issues as they arise.
- **Teamwork:** Ability to work well as part of a team, collaborating with nurses, doctors, and other healthcare professionals

Work Experience

Jun 2024

Meridian Equator Hospital

Position: Certified Nurse Assistant

Responsibilities:

- Assisted patients with activities of daily living (ADLs), such as bathing, dressing, grooming, and eating.
- Provided mobility assistance, including helping patients move in and out of beds, wheelchairs, and walking.
- Monitored and reported changes in patient's conditions to the nursing staff.
- Measured and recorded patients' vital signs, including temperature, blood pressure, pulse, and respiration rates.
- Ensured accurate documentation of vital signs in patient records.
- Assisted with basic medical procedures under the supervision of registered nurses or doctors.
- Ensured patients' rooms are clean, orderly, and conducive to healing.
- Changed bed linens and maintained a hygienic environment.
- Provided emotional support and companionship to patients.

- Assisted in feeding patients who are unable to feed themselves.
- Maintained accurate patient records, including documenting care provided and patient's responses.
- Ensured confidentiality and compliance with hospital policies and procedures.
- Communicated effectively with patients, families, and healthcare team members.
- Practiced proper hand hygiene and used personal protective equipment (PPE) as required.
- Assisted nurses and other healthcare professionals with various tasks and procedures as needed.
- Assisted in the safe transport of patients within the hospital.

Apr - May 2024

Mji Wa Huruma (Home for the Aged)

Position: Care Volunteer

Responsibilities:

- Bathed bedridden residents and made their beds.
- Assisted with meal preparation and feeding of residents.
- Provided spiritual support and companionship to the elderly.
- Conducted general cleaning and maintenance of the entire facility.
- Administered medication and performed massages and grooming tasks such as shaving.
- Accompanied disabled residents to medical appointments and the dispensary.
- Facilitated group sessions focused on geriatric care and well-being.

Dec 2014 - Oct 2016

Wundanyi, Kenya

Position: Caregiver to Mother

Responsibilities:

- Provided compassionate and dedicated care to my mother, who had motor neuron disease (MND).
- Assisted with daily living activities to support her independence and well-being.
- Consistently practiced patience and empathy to deliver the highest standard of care.
- Ensured personal hygiene needs were met and prioritized comfort, dignity, and respect.

Education

2018 - 2022

Bachelor of Business Management in Supplies and Procurement Management

Mount Kenya University

2011 - 2014

Kenya Certificate of Secondary Education

St. Peter's Buyosi Mixed Secondary School

Professional Qualifications

- **June 2024:** Certified Nursing Assistant (CNA); MedLutek International College of Health Sciences.
- **May 2023:** Records Management Course; Kenya School of Government
- **Jun 2019:** Supervisory Skills Development Course; Kenya School of Government
- **2015:** Computer Packages (MS Office) and Computer Maintenance; Deco Impact Computers, Busia.

Additional Information

Trainings and Workshop

- Nov 2017: Induction for newly recruited Court Interpreters, Archivists, Clerical Officers, and Internal Auditors by The Judiciary Training Institute

Hobbies and Interests

- Community Work, Traveling, Socializing.

Referees

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