




MICHAEL LAMBERT

AGED CARE SUPPORT WORKER

PROFESSIONAL PROFILE

Motivated and responsible individual committed to providing high quality care, and helping clients retain, regain and develop the skills needed for independent living. Supports the privacy and dignity of residents while enhancing their independence and rehabilitation. Hardworking, conscientious team player who communicates well. Ensures assigned tasks are completed in a timely and efficient manner. A reliable, always-flexible care professional dedicated to continued learning. Capable of dealing with emotionally and physically demanding clients and conflict situations. Working knowledge of the Aged Care Funding Instrument (ACFI) and Aged Care Accreditation Standards (ACIPC).

CONTACT

-  0412 212 584
-  scorpio9876@hotmail.com
-  Avondale NSW

COMPETENCIES

Aged & Personal Care
Aged Care Facilities
Communication Skills
Customer Service
Administration Skills
Infection Control
Food Safety
OHSE
Manual Handling Skills
Problem Solving
Time Management
Strong Work Ethic
Team Leadership
Reports & Documentation
Multitasking
Patient Engagement
Empathy & Emotional Intelligence
Computer Competencies
MS Office (Word, Excel)
Ability to Follow Directions

EXPERIENCE

ASSISTED LIVING & AGED CARE SUPPORT – TEAM LEADER

Uniting Gerringong | Gerringong NSW

Apr 2021 – Present

- Consistently demonstrating the aptitude and proficiency of a dependable Team Leader; providing and coordinating individualised care and resources to *Uniting Gerringong* residents.
- Leading a team of 4 care workers in the provision of round-the-clock support to up to 20 residents at the *Uniting Gerringong* aged care facility.
- Planning and allocating work activities; mentoring team members to be flexible in providing appropriate support that enables residents to make their own lifestyle choices while also retaining their privacy and dignity.
- Working closely with the Care Coordinator, Registered Nurse, other care workers and affiliated healthcare professionals to implement and evaluate care plans specifically tailored to meet the needs of individual residents.
- Supporting *Uniting Gerringong* healthcare teams in practicing a holistic approach to care – one that acknowledges the interdependence of residents' biological, social, psychological, and spiritual aspects.
- Providing and maintaining a safe living environment by minimising or removing risks and hazards.
- Assisting clients with hygiene, grooming and dressing when required.
- Practicing patient manual-handling skills to assist residents with their daily self-care activities.
- Implementing strategies defined in the resident's care plan related to the management of dementia and other health issues.
- Engaging patients in activities that promote emotional and intellectual stimulation and encourage self-expression and interaction.
- Closely observing for any changes to residents' skin integrity, cognition, verbal and physical behaviours, mood and continence. Noting and reporting observations to Registered Nurse, Care Coordinator and allied specialists.
- Cultivating positive relationships with family members and the facility's cross-functional personnel and external stakeholders.
- Strictly adhering to State regulatory codes and sanitization protocols established in response to the impact of Covid-19.
- Maintaining accurate records of services provided and activity reports for the Care Coordinator. Noting processes or areas of service where potential improvements may be made.

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CERTIFICATIONS

Advanced Diploma in Community Service [CHC62015]
RPL Online (2021)

Provide First Aid [HLTAID003]
CBD College | Wollongong (2020)

Provide Basic Emergency Life Support [HLTAID002]
CBD College | Wollongong (2020)

Provide Cardiopulmonary Resuscitation [HLTAID001]
CBD College | Wollongong (2020)

Recognise Healthy Body Systems [HLTAAP001]
Uniting Institute of Education (2020)

Assist Clients with Medication [HLTHPS006]
Uniting Institute of Education (2020)

Certificate of Completion
NDIS Quality and Safeguards Commission (2019)

Certificate III in Aged Care
Wesley Vocational Institute (2014)

Certificate in Computer Applications
Shellharbour TAFE (2004)

Higher School Certificate
Warilla High School (2001)

HOBBIES/INTERESTS

Horse Riding | Hiking | Travel
Cooking | Reading | Computers

EXPERIENCE CONTINUED

AGED CARE SUPPORT WORKER

Uniting Gerringong | Gerringong NSW

Nov 2014 – Apr 2021

- Delivered personalised care; acknowledging the importance of helping residents preserve their independence, dignity, respect, self-esteem and personal preferences in order to assimilate with the resident community.
- Assisted healthcare specialists and therapists in conducting, and participating in, rehabilitation programs and educational activities.
- Administered medications and prepared nutritious meals, snacks and beverages. Assisted with feeding – demonstrating food safety awareness.
- Provided high-dependency level personal care and support when required to enable residents to perform daily activities – bathing, toileting, use of bed pan, hygiene, grooming and dressing.
- Mobilised and assisted resident's day-to-day movements while ensuring their safety and privacy.
- Regularly liaised with healthcare workers, family members and colleagues to assess the resident's needs, status and concerns.

AGED CARE SUPPORT INTERN

Uniting Elanora | Shellharbour NSW

Jul 2014 – Sep 2014

- Gained valuable care worker intern experience assisting residents with their self-care activities of daily living (ADLs). Acquired an understanding of how health professionals assess residents' ability or inability to perform ADLs as a measurement of their functional status.
- Assisted residents with showering, dressing, grooming, tidying of personal spaces and making of bed.
- Practiced manual handling skills and infection control procedures.

ADMINISTRATION ASSISTANT

Rokeby Neighbourhood Centre | Rokeby TAS

Jul 2005 – Jun 2008

- Provided excellent customer service as a welcoming first-point-of-contact for general enquiries. Presented as a friendly and informative office coordinator; upholding the Centre's core values of inclusiveness, diversity and respect.
- Ensured the smooth running of the office; demonstrating multi-tasking, attention to detail, bookkeeping skills and computer competencies.
- Performed essential Office Assistant tasks – supporting the Centre's senior staff by synchronising calendars and scheduling meetings and interviews.
- Answered telephones and addressed customer queries. Accurately archived manual and electronic information systems.
- Sorted and distributed Centre mail, monitored accounts receivable and office/operational inventory. Performed ad hoc tasks when required.
- Ensured reception area was presentable and tidy at all times.
- Collaborated with staff and technicians to resolve IT and operational issues.