

# MENUKA BUDATHOKI

## NURSING ASSISTANT

### CONTACT



0423 275 404



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The Gables, 2765 NSW

### SUMMARY

- Highly skilled and compassionate nursing assistant with 6+ years of experience
- Prides in providing exceptional care to patients in diverse locations such as health centres, hospitals and residential homes.
- Extensive knowledge of nursing procedures and treatment protocols.
- Strong work ethic and a genuine passion for improving patient's quality of life.
- Committed to delivering outstanding services and maintaining a safe environment.
- Seeking a position in a reputable healthcare facility where I can utilise my skills and expertise to contribute to the well-being of patients.

### WORK EXPERIENCE

#### Assistant in Nursing

Norwest Private Hospital (Feb 2017 - Current)

Started employment at Norwest Private Hospital in 2017, facilitated by The Hills Private, before formalising a transfer to Norwest Private in March 2022.

- Providing support to patients with their personal hygiene, grooming, dressing, toileting, and mobility needs.
- Regularly measuring and recording vital signs such as temperature, blood pressure, pulse rate, and respiratory rate.
- Assisting in the administration of prescribed vital care, observing patients.
- Following infection control protocols and maintaining a clean and hygienic environment for patients.
- Effectively communicating with patients, their families, and colleagues.
- Working collaboratively with healthcare professionals to implement patient care plans.
- Demonstrating empathy and compassion while providing care to patients, especially those in distress.
- Have experience working in different wards including medical, surgical, CCU, ICU, orthopaedic, emergency among others.

#### Assistant in Nursing:

The Hills Private Hospital (Feb 2017 - March 2022)

- Assisted registered nurses in providing direct patient care, following established care plans and protocols.
- Monitored and recorded vital signs, including blood pressure, heart rate, and respiratory rate.
- Created accurate documentation for healthcare professionals.
- Assisted with activities such as bathing, dressing, grooming, and feeding, promoting patient comfort and maintaining their dignity.
- Responded to patient calls and requests promptly, addressing their concerns and ensuring their safety and well-being.
- Assisted in the implementation of nursing interventions, such as wound care, catheterisation, and post-operative care, under the supervision of registered nurses.
- Assisted in the maintenance of a clean and safe patient environment, including regular disinfection and organisation of patient rooms.
- Collaborated with healthcare professionals to coordinate patient care, ensuring effective communication and timely interventions.

## Home & Community Care Nurse Assistant

Nextt Dolleina (September 2014 - March 2017)

- Assisting with personal hygiene tasks, including bathing, clothing selection, and personal grooming.
- Offering home help by preparing and cooking meals and executing general house duties.
- Aiding in the administration of prescribed medications.
- Supporting the upkeep of hobbies and personal interests for mental and physical wellbeing of the client.
- Driving the patient to and from errands, doctor appointments and any other required travel.
- Providing emotional backing and support through discussions, gaming, and other forms of social engagement.
- Helping to facilitate movement within and around the home environment.

## SKILLS & ATTRIBUTES

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|---------------------------------------|---------------------------------------|
| • Patient-focused care                | • Direct patient care                 |
| • Recording vital signs               | • Charting and clinical documentation |
| • Companionship and emotional support | • Meticulous attention to detail      |
| • Strong communication                | • Resilience and patience             |

## EDUCATION

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<b>Certificate IV in Nursing (Aged Care)</b> - Ready Health Nursing College	May 2016
<b>Certificate III in Nursing</b> - Astute Training	September 2014
<b>Certificate III in Childcare</b> - Southern Solutions	November 2008
<b>Diploma in Hospitality</b> - Southern Solutions	June 2012

## CERTIFICATIONS

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Current First Aid and CPR certificates  
National Police Clearance  
Proof of Covid Vaccinations

## REFERENCE

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Happy to provide on request