

Manisha Malakar

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Profile

Dedicated Personal Care Attendant and a Disability Support Worker, skilled in delivering effective support to individuals with disabilities. Known for fostering trust through excellent communication and emotional intelligence, I successfully implemented tailored care plans that enhanced clients' quality of life and promoted independence. Committed to achieving positive outcomes in high-pressure environments.

Skills

- Task oriented
- Passionate
- Delivering effective support to people with disabilities
- Emotionally intelligent
- Ability to calmly perform in high-pressure situations
- Excellent communication
- Team player

Experience

Bupa Aged Care

December 2019 to January 2025

Personal Care Attendant (Medcom)

Adelaide, Australia

- Provided personalized care to individuals, with a focus on maintaining their physical and emotional well-being.
- Assisted with daily living activities, including personal hygiene, meal preparation, and medication management.
- Developed and implemented care plans tailored to each individual's unique needs and preferences.
- Fostered positive relationships with clients and their families, ensuring open communication and trust.
- Completed scheduled patient check-ins and progress reports for clients.

Viva Mutual

April 2022 to November 2023

Disability Support Worker

Adelaide, Australia

- Supported individuals with disabilities in achieving their goals and enhancing their quality of life.
- Implemented behavior support plans, ensuring a safe and respectful environment for clients.
- Collaborated with a multidisciplinary team to assess and address the evolving needs of individuals.
- Facilitated skill-building activities, and encouraged social participation to promote community integration.
- Administered medication to patients according to strict schedules.
- Reported concerns to nurse supervisor to promote optimal care.

Assured Home Care

December 2021 to April 2022

Community Support Worker

Adelaide, Australia

- Made referrals to utilize community resources for residents' needs.
- Guided clients through transition to independent living within community.
- Provided support to individuals with disabilities in activities of daily living.

- Respond quickly to emergency situations involving clients to protect their safety.
- Facilitated recreational activities that encouraged socialization and skill development.

Altaira Nursing Services

September 2019 to February 2020

Personal Care Worker

Adelaide, Australia

- Cleaned and sanitized client living areas on a regular basis.
- Transported patients to medical, dental and personal care appointments.
- Maintained accurate documentation of client care services provided daily.
- Planned and prepared healthy meals and snacks for clients and provided assistance with eating when necessary.
- Helped clients with personal needs from exercise to bathing and personal grooming.

Education

SMP training Center

Certificate III: Individual Support and Ageing

Adelaide, Australia

Hope Training College of Australia

Certificate III: Ageing and Disability

Adelaide, Australia

Certifications

- A Current DHS Working with Children's Check
- A Current NDIS Worker Screening Check
- A Current First Aid and CPR Certificate
- A Current Manual Handling Certificate
- A Current National Police Check
- A Current Medication certificate
- Have a current unrestricted SA driver's License and have access to a reliable car covered by full comprehensive insurance

References

- OLUSOLA ODUSANYA, Registered Nurse, Ola.odusanya@bupa.com.au, 0406639521, Bupa Aged Care, Woodville South, SA, 5011, Australia
- Jincy Joy, Registered Nurse, jomonjincy9@gmail.com, 0451651592, Bupa Aged Care, Woodville South, SA, 5011, Australia
- Varsha Pathak, Registered Nurse, varsha.pathak@bupa.com.au, 0415178443, Bupa Aged Care, Woodville South, SA, 5011, Australia