

## Manita BOHARA CHHETRI

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### Career Objective:

Dynamic Age Care professional with recent experience, pursuing a role to deliver compassionate care and support to seniors. Dedicated to contributing expertise and fostering a collaborative team environment.

### Placement Experience:

#### Assistant in Nursing (AIN) Placement (120 Hours)

*February 5, 2024 -February 23, 2024*

Chairing Field Aged Care Community Sydney | Nursing Home  
Waverley NSW 2024

### Duties and Responsibilities

- Facilitated smooth residence operations, producing, and maintaining high- quality records.
- Provided Personal Hygiene assistance along with ADL, constantly promoting comfort, dignity, and respect.
- Observed and documented vital signs, promptly reporting abnormalities for monitoring.
- Attending to buzzer very effectively.
- Helped in feeding the residence with proper consent.
- Collaborating with other healthcare professionals to deliver holistic care plans tailored to each resident's needs.
- Adhering to all policies, procedures, and regulations related to resident care and facility operations to ensure compliance and quality care delivery.

### Education:

#### Certificate III in Individual Support (Ageing and Disability) CHC 33015

Australian Wide Training Institute  
Sydney, Australia

*February 5, 2024 – February 23, 2024*

### Skills:

- Proficient in ADL assistance: bathing, dressing, grooming, and toileting, preserving residents' dignity.
- Skilled in safe lifting and transferring techniques for resident safety during manual handling.
- Knowledgeable in infection control, ensuring a hygienic environment.
- Excellent communication for interactions with residents, families, and colleagues.
- Collaborative team player for holistic care delivery.
- Strong attention to detail in accurate documentation of care activities.

***References has been made available below:***

**References:**

RN. Sachit Sakha

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AIN Prashant Kunwar

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