Sunar Manisha Unit 10 364 Beamish St, Campsie,NSW

Contact no.: 0430073869 G-mail id.: <u>manishasunar869@gmail.com</u>

objective

Dedicated and compassionate aged care worker with certificate lll in Individual support seeking a position as an AIN. offering excellent interpersonal skills and a genuine passion for providing high quality care to elderly individuals.

Education

certificate III in Individual support

Australian community and management College, Sydney,NSW

Diploma of Nursing

The Himal institute of Health and Technical Science Birgunj, Parsa, Nepal, 2018

School leaving Certificate

The Somnath Baba Higher Secondary School, Sunwal,01 Somnath,Nepal,2014

Currently Study Diploma In Community Services

Australasian International Academy, 5/545 Kent St, Sydney NSW 2000

Training

- ➤ First Aid Training
- ➤ CPR Training
- ➤ Manual Handling

Certificate

➤ Police certificate

Personal Attributes:

- Problem- solving and multi- tasking skills.
- Strong work ethics, exceptionally reliable and hardworking
- > Excellent organisational, prioritisation, and time management skills.
- Good communication and interpersonal relationships.

Professional skills:

- > proficient in providing personal care assistance, including bathing, dressing, and grooming.
- ➤ Patient and calm demeanour to provide reassurance and emotional support to clients.
- ➤ compassionate and empathetic approach to caregiving.
- > knowledge of aging and disability rights and advocacy to ensure client's needs are met
- > Strong problem- solving abilities to address unexpected situations and challenges effectively.

Working experience:

- Worked as a staff nurse from 01/05/2022 to 30/06/2023 at MedStar Polyclinic Pvt.Ltd ,Chandragiri, Kathmandu, Nepal.
- Worked as a Staff Nurse in the Department of Nursing- ICU of Nepal Mediciti hospital from 30th April,2021 to 27th April,2022 at Sainbu, Bhaisepati, lalitpur,Nepal.
- Worked as a Staff Nurse in ICU,HCW and General Ward Department of Yeti hospital from o1 Dec, 2019 to 30th march,2021 at Bafal, kathmandu, Nepal.

Clinical training experiences:

Narayani Regional Hospital,Birgunj, Parsa, Nepal

- > Administered IV fluids.
- Checking intake and output.
 - > Wound dressing.
- ➤ Performed Intravenous Cannulation and Urinary Catheterization.
 - > Maintained hourly chart of vitals.
 - ➤ Administered medication for all routes.
 - Learned about different therapies and Drugs.

Availability:

Any time

References:

Nepal Mediciti Hospital Sainbu, Bhaisepati,Lalitpur, Nepal +97714217766 info@nepalmediciti.com,<u>www.nepalmediciti.com</u> **Yeti Hospital** Bafal, kathmandu, Nepal +97714279127 Email: <u>yetihospital@gmail.com</u>

Amrita Raut AIN 0423544620