

Madusha Thamali De Soysa (Maddie)

Springvale South, Victoria 3172, Australia

Email: thamalimadusha91@gmail.com | Mobile: +61 432 599 534

Professional Summary

Compassionate and qualified Personal Care Assistant with strong experience supporting elderly clients in residential aged care facilities and home settings. Skilled in delivering high-quality personal hygiene care, mobility assistance, emotional support, and maintaining client dignity. Certified in First Aid, CPR, and Manual Handling. Dedicated to providing culturally sensitive, client-centered care with a strong focus on safety, collaboration, and overall wellbeing.

Key Skills

- Personal Care Assistance (Bathing, Dressing, Grooming)
- Assistance with Activities of Daily Living (ADLs)
- Mobility Support and Safe Transfers
- Health Monitoring and Safety Compliance
- First Aid, CPR, and Manual Handling Certification
- Client-Centered and Compassionate Care
- Record Keeping and Incident Reporting
- Cultural Sensitivity and Respectful Care
- Emotional and Social Support for Clients
- Team Collaboration and Multidisciplinary Coordination

Education

- Certificate IV in Ageing Support
International Institute of Education and Training, Australia | June 2024
- Certificate III in Individual Support (Aged Care)
Melbourne City College, Australia | November 2023
(Includes First Aid, CPR, and Manual Handling Certification)

Professional Experience

Personal Care Assistant

Opal HealthCare, Mordialloc | March 2025 – Present

- Deliver high-quality personal care and hygiene assistance to elderly residents.
- Support clients with daily living activities (ADLs), including mobility assistance, grooming, and nutrition.
- Monitor resident health status, document care activities, and report changes.
- Collaborate with nursing and healthcare teams to maintain client-centered care plans.

Area Warden & Personal Care Assistant

Autumn Aged Care – Skye Lodge, Frankston | March 2024 – March 2025

- Assisted residents with daily personal care, mobility support, and social engagement.
- Led emergency response procedures as Area Warden to ensure resident safety.
- Maintained accurate records and communicated effectively with multidisciplinary teams.

Personal Care Assistant

Right at Home, Brighton | November 2023 – October 2024

- Provided in-home care, including hygiene assistance, dressing, and grooming.
- Supported clients with physical exercises, rehabilitation activities, and transportation to appointments.
- Promoted emotional wellbeing through companionship and client-centered engagement.

Certifications

- First Aid (Melbourne City College)
- CPR Certification (Melbourne City College)
- Manual Handling Certificate (Melbourne City College)

Interests

- Reading (Healthcare, Psychology, Personal Development)
- Gardening and Outdoor Activities

References

Available upon request.