

ATISARA THAPA

Auburn 2144, Sydney magaratisara@gmail.com
0414940042

SUMMARY

Compassionate and dedicated aged care worker with a strong focus on providing personalized, high quality care to the elderly. Proficient in supporting daily living activities and offering emotional support across home and residential settings. Driven by a passion for enhancing seniors' dignity, independence, and overall well-being, while fostering a safe, respectful, and nurturing environment that promotes quality of life.

EXPERIENCE

Nov 2024 – **Aged Care Worker (AIN)**

Present Yafa care / Auburn, NSW,

- Provided care to elderly clients, ensuring safety, comfort, and dignity in home and residential settings.
- Monitored health, administered medications, and reported changes to healthcare teams.
- Assisted clients with daily tasks, personal care, and mobility support.
- Maintained accurate records and ensured timely, efficient delivery of care.

Jan 2024 – **Aged Care Worker (AIN)**

Sep 2024 white hall age care / Lindfield Sydney, NSW, 2060

- Provided person-centered care to elderly clients, ensuring safety, dignity, and comfort.
- Collaborated with healthcare professionals to implement individualized care plans.
- Facilitated recreational activities and applied safe lifting and transfer techniques.
- Encouraged social engagement through activities and meaningful interactions.

Oct 2023- **Aged care worker (AIN)**

Feb 2024. Solution Nursing, Agency

- Assist individual residents to attend recreational activities.
- Ensure that the resident's privacy, dignity and respect are always maintained.
- Encouraged residents to maximize their independence.

EDUCATION

July 2023 - **Bachelors in community service**
Present oxford street, museum Sydney

2022 - **Diploma of nursing**
completed back home

SKILLS

- Communication - Experienced
- Team collaboration – Skillful
- Time management – Skillful
- Compassionate care provision – Skillful
- Safety protocol enforcement – Skillful
- Record Keeping – Skillful

Certifications

Certificate III in Individual Support (Ageing and Disability)
Encourage training collage, queen street auburn

Certificate in First Aid and CPR
Encourage training collage, queen street auburn

References

Shrijina shrestha
RN
Bupa age care, ashfield
Mobile no: 0420336953

Prativa mahato
AIN
White hall agecare, lindfield
Mobile no: 0450902594

Srijina thapa magar tamang

AIN

Yafa care, auburn

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