# MEMORY CHIIMBA

Campbelltown NSW 2558 memorykchiimba@gmail.com 0449990245

A compassionate and dedicated Aged Care and Disability Worker with 4+ years of experience providing high-quality care to elderly and disabled clients. Adept at assisting with personal care, mobility, medication management, and promoting independence while ensuring a safe and supportive environment. Strong communicator with a passion for enhancing the quality of life for those in need.

Work Experience

#### **Home Care Worker**

Nurse Next Door Home Care Services-Camden NSW July 2024 to Present

Provide personal care to elderly clients, assisting with daily tasks such as bathing, dressing, grooming, and feeding.

Monitor health conditions and report any changes to healthcare professionals.

Assist clients with mobility, including transfers, walking aids, and ensuring safety during movement. Engage clients in activities to promote mental and physical well-being.

Maintain accurate records of care provided, medication administration, and health monitoring.

#### **Aged Care Worker**

IRT Group-Campbelltown NSW July 2023 to July 2024

Delivered in-home support to elderly and disabled clients, focusing on personal care and daily living assistance.

Monitored client health and reported any concerns to medical professionals.

Managed meal preparation, household chores, and medication reminders.

Maintained a clean, safe, and comfortable environment for clients

#### **Aged Care Worker**

Thompson Health Care-Camden NSW September 2023 to October 2023

Supported clients with physical and intellectual disabilities, ensuring they could live as independently as possible.

Assisted with personal care, meal preparation, and medication administration.

Developed personalized care plans and goals with clients and their families.

Provided emotional support and companionship, fostering a positive and supportive relationship.

Encouraged participation in community activities to enhance socialization and inclusion.

#### **Assistant Nurse**

United Bulawayo Hospitals-Zimbabwe August 2022 to January 2023

Assisting patients with daily activities such as bathing, dressing, grooming, toileting, and feeding. Taking and recording vital signs, observing patient conditions, and reporting changes to nursing staff. Maintaining cleanliness, following hygiene protocols, and ensuring a safe environment.

# Education

### National first Aid Courses in First aid and CPR

Nation recognised Training - Campbelltown NSW April 2023 to May 2024

### **Certificate III in Disability in Disability**

Quality Care Training Services - West Ryde NSW July 2023 to December 2023

### Certificate III in Aged care in Aged Care

Quality Care Training Services - West Ryde NSW July 2023 to December 2023

## Skills

- Home Care
- Meal Preparation
- Medication Administration
- Laundry
- Food Preparation
- Caregiving

Certifications and Licenses

## **Full Driver Licence**

Present

### **NDIS Worker Orientation Module**

April 2023 to Present

#### **Working with Children Check**

August 2023 to Present

## **NDIS Check**

August 2023 to Present