

Monika Chechelska

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OBJECTIVE

Dedicated, enthusiastic, and conscientious 3rd year Bachelor of Nursing student aspiring to practice, improve clinical skills, and promote patients' health and wellbeing.

EDUCATION	University of Newcastle Bachelor of Nursing, <i>February 2020 – current. Expected completion date 25Nov2022</i> GPA 6.6 College Scholars Program recipient 2021 and 2022 Placed on the Faculty of Health and Medicine Commendation List for 2020 and 2021
TRAINING AND CERTIFICATIONS	First Aid Certificate , <i>March 2020</i> Provide Cardiopulmonary Resuscitation , <i>April 2022</i> Work With Children Check , <i>expiry date June 2027</i> Lifeline DV-alert workshop , <i>June 2022</i>
CLINICAL PLACEMENTS	<p>Belmont Hospital, Emergency Department (<i>October- November 2022, 200hrs</i>)</p> <ul style="list-style-type: none"> ✓ Admission paperwork ✓ Initial A-G assessment, take and report on ECG and U/A ✓ Care for patients in RESUS, Acute Care and Fast Track presenting with various conditions, including chest pain, cardiac arrhythmias, abdominal pain, intoxication, respiratory compromise, stroke, sepsis, UTI, delirium, falls ✓ Developed skill in inserting female IDC ✓ Administration of oral, IV and IV/2nd line medications <p>Belmont Hospital, Coronary Care Unit (<i>May-June 2022, 200hrs</i>)</p> <ul style="list-style-type: none"> ✓ Take a workload of three high acuity patients ✓ Handover patients to the next shift and other facilities ✓ Patient referrals to other members of multidisciplinary team ✓ Assist in caring for patients on BiPap and cardiac monitoring ✓ Palliative care for patient post NSTEMI ✓ Take and report a 12 lead ECG ✓ Administration of oral, sub-cut, IV and IV/2nd line medications ✓ Care for patient experiencing delirium utilizing agitation score ✓ Care for patient requiring inotropes and anti-arrhythmic medications ✓ Pre/post coronary angiogram patients care ✓ Use of paging system ✓ Calling for Clinical Reviews and Rapid Respond ✓ Assist with and management of blood transfusion <p>Belmont Hospital, Ground Floor Medical (<i>October 2021, 80hrs</i>)</p> <ul style="list-style-type: none"> ✓ Measuring, recording and interpreting vital signs ✓ Daily review, assessment and evaluation of care plans ✓ Collaboration with Allied Health Services regarding patient care and referrals ✓ Care of patients with Type 1 and Type 2 diabetes ✓ Administration of oxygen therapy ✓ Care of patients with chronic pain <p>HNE Banksia Mental Health Unit, Tamworth (<i>September 2021, 80hrs</i>)</p> <ul style="list-style-type: none"> ✓ Administration of oral and sub-lingual medications ✓ Assist in developing of mental health treatment of voluntary and involuntary customers

	<ul style="list-style-type: none"> ✓ Assessment, management and documentation using the standardized mental health assessment form of customers experiencing mental health disorders ✓ Provide emotional support to customers with depression and anxiety disorders ✓ Provide non-pharmacological treatment options to customers ✓ Education regarding the importance of medication compliance and relapse prevention ✓ Assist in organizing services following discharge <p>Belmont Hospital, 1st Floor Surgical (<i>May 2021, 80hrs</i>)</p> <ul style="list-style-type: none"> ✓ Measuring, recording and interpreting vital signs ✓ Provide post-operative care to patients ✓ Administration of oral, sub-cut, IV medications ✓ administer of IV fluids ✓ Fluid balance assessment and documentation ✓ Care of patients with acute pain ✓ Care of a patient with stoma <p>Belmont Hospital, Lakeview Drug and Alcohol Detox (<i>May-June 2021, 80hrs</i>)</p> <ul style="list-style-type: none"> ✓ Measuring, recording and interpreting vital signs ✓ Assessment and management of patients withdrawing from drugs and/or alcohol ✓ Mental status examination ✓ Administration of oral, sub-cut, IM and IV medications <p>Peninsula Village (<i>October 2020, 80hrs</i>)</p> <ul style="list-style-type: none"> ✓ Measuring, recording and interpreting vital signs ✓ Provide personal care to residents. Use manual handling equipment ✓ Nutrition assessment and residents' feeding support ✓ Mobility assessment ✓ Safe movement of residents using no lift techniques ✓ Administer oral and sub-cut medication administration ✓ Attend to simple dressing change using aseptic technique ✓ Monitor patients' Blood Sugar Level ✓ Assist in the development of residents plans of care utilizing assessment data and best available evidence ✓ Assists residents in their activities of daily living by providing autonomy, dignity and choice ✓ Management of cognitively impaired residents ✓ Attended ACFI assessment criteria workshop ✓ Attended Wound Management workshop ✓ Record management of the assessments and care provided to residents
WORK EXPERIENCE	<p>Administration officer (<i>Oct 2013 - current</i>) <i>TMC Painters Pty Ltd, Kariong</i></p> <ul style="list-style-type: none"> ✓ Run Family own Painting and Decorating business ✓ Process contractors' timesheets and Invoices, organise payments ✓ Accounts receivable and payable ✓ Organise marketing companies ✓ Design business card, flyers, letterheads and correspondence ✓ Prepare painting quotations and issue Invoices to clients ✓ Organise work schedule and monitor work performance/progress for each project <p>Client Services Officer (<i>May 2016 – Aug 2018</i>) <i>Professional Wealth Services, North Sydney</i></p> <ul style="list-style-type: none"> ✓ Provide day to day support to financial planners ✓ Liaise with advisors, third party providers, fund managers and insurance

	<ul style="list-style-type: none"> ✓ companies in implementation processes ✓ Prepare application forms and documents required for meetings with clients ✓ Lodge applications and follow through to completion ✓ Maintain client records/data entry. General client enquiries <p>Business Trainer and Assessor (Jan 2016 – May 2016) <i>Australian Academy of Commerce, Sydney</i></p> <ul style="list-style-type: none"> ✓ Deliver Certificate II in Business training package ✓ Develop Session plans ✓ Assess students' competencies <p>Teacher of Community Language - Polish (Jun 2009 – Oct 2015) <i>NSW Department of Education and Communities</i></p> <p>Student Services Officer, Marketing Specialist (Nov 2008 – Dec 2011) <i>Lloyds International College, Cambridge College International</i></p> <p>Customer Service Assistant (Jan 2008 – Oct 2008) <i>Quay Deli, Sydney</i></p> <p>School Administrative Assistant (Sep 2006-Mar 2007) <i>Czestochowa Primary School, Poland</i></p> <p>Accounts and Human Resources Officer (Sep 2005-Aug 2006) <i>Czestochowa Primary School, Poland</i></p>
SKILLS	<p>Critical thinking and problem solving Communication and teamwork Multitasking Time management stamina Ethics and confidentiality Working in multicultural society Knowledge of Polish and German languages</p>
ADDITIONAL QUALIFICATIONS	<p>Technical University of Czestochowa, Poland June 2006 Studies in Marketing and Management, Master Degree</p> <p>HBA Learning Centers, Sydney April 2011 TAE40110 Certificate IV in Training and Assessment</p> <p>Lloyds International College, Sydney May 2009 BSB50101 Diploma of Business BSB40101 Certificate IV in Business BSB30101 Certificate III in Business</p> <p>Technical University of Czestochowa, Poland June 2006 Interfaculty Unit for Teachers' Training Teacher Training Course</p>
PROFESSIONAL REFERE	<p>Lisa Crawford, Professional Clinical Facilitator, RN 0466 912 900, lisa.crawford@newcastle.edu.au</p>