LORELAI KOWALSKI

CARE SERVICE EMPLOYEE

PROFESSIONAL SUMMARY

Proven in delivering compassionate and effective care at Carrington Centennial Care, I excel in providing care to the elderly and building rapport with clients. I provide strong communication skills and a commitment to client dignity and respect.

EXPERIENCE

Care Service Employee

July 2024 - Present | Carrington Centennial Care, Grasmere

> Collaborated effectively with other staff members to ensure quality patient care was provided at all times.

> Administered medications safely under strict guidelines set forth by the physician or pharmacist.

> Monitored vital signs including blood pressure, pulse rate, temperature, respiration rate and oxygen saturation.

> Assisted clients with daily living activities such as bathing, dressing, grooming, toileting, and eating.

> Organised recreational activities for clients to promote physical and mental wellbeing.

> Demonstrated excellent communication skills when interacting with clients, families and staff.

Care Service Employee Traineeship

October 2023 - June 2024 | Carrington Centennial Care, Grasmere

> Learnt how to assist with daily living activities such as bathing, dressing, grooming, toileting, and eating.

> Developed strong relationships with clients based on mutual trust and respect.

> Provided compassionate care and support to elderly individuals in a residential setting.

> Worked alongside another care worker to learn on the job skills and appropriate manual handling.

CONTACT

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SKILLS

> Compassionate Care
> Privacy and confidentiality
> Dependable and Responsible
> Personal care assistance
> Respectful and Compassionate
> Elderly Care

EDUCATION

Traineeship - Certificate III Individual Support (Ageing)
July 2024
ARC Training , Grasmere

Bachelor of Nursing
Starting Semester 1 2025
Western Sydney University

AWARDS

February 2024
Employee of the month, nominated by residents for having patience, always willing to help out and building positive rapport with residents.