

LIRISA GHIMIRE

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Objective

Dedicated and compassionate Assistant in Nursing (AIN) with one year of hands-on experience in providing high-quality care to elderly residents. Seeking to contribute my expertise in personal care, vital signs monitoring, and resident support, ensuring a comfortable and safe environment for all residents.

Professional Experience

Assistant in Nursing (AIN)

KOPWA Limited, Roseville NSW 2069

July 11, 2023 - 2024

- Delivered compassionate and personalized care to elderly residents, supporting their daily activities such as bathing, dressing, and feeding.
- Monitored and recorded vital signs, ensuring accurate and timely communication with the nursing team
- Assisted residents with mobility and physical exercises to enhance their independence and physical well-being
- Fostered meaningful relationships with residents, providing emotional support and companionship
- Adhered to individualized care plans and protocols to maintain a safe and hygienic environment
- Communicated effectively with residents, families, and healthcare professionals to ensure comprehensive care

Education

10+2 - Science

Graduated: July 2018

United Academy, Kathmandu, Nepal

Bachelor's Degree - BSc (Hons) Computing

Graduated: December 2021

Islington College, Kathmandu, Nepal

Master's Degree – Information Technology (IT)

Graduated: June 2024

King's Own Institute, Sydney, NSW 2000

Skills

- Personal Care Assistance
- Vital Signs Monitoring
- Mobility Support
- Compassionate Communication
- Team Collaboration
- Infection Control
- Time Management
- Documentation and Record-keeping
- Resident Activity Coordination
- Quick Learner

Courses and Certifications

Certificate IV in Ageing and Individual Support

- Manual Handling
- First Aid and CPR Certification

Professional Development

- Participated in specialized workshops and training focused on dementia care, palliative care, and infection control
- Continuously updated knowledge of the up-to-date practices and standards in aged care
- Engaged in ongoing education to enhance skills and stay informed about advancements in elderly care

References

Harsha Lokuwithanage
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Ambika Dallakoti

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