LENA BABY

+61 468948141

lenaedaputhusseriyil@gmail.com

26 Shepherds Drive , Cherrybrook, NSW-2126

CAREER OBJECTIVE

Enthusiastic and dedicated individual with a 120-hour work placement experience in aged care at Bupa Aged Care in Baulkham Hills. Eager to leverage hands-on experience and newly acquired skills to contribute effectively to a role in aged care. Committed to providing compassionate and high-quality support to elderly individuals.

EDUCATION

- Bachelor (Honors) Agriculture Mother Teresa College of Agriculture India
- Masters in Food Science
 Western Sydney University, Sydney

SKILLS

- Manual Handling
- First aid and CPR
- Behaviorual management
- Strong organizational and timemanagement skills
- communication and interpersonal skills
- Ability to work independently and as part of a team
- Detail-oriented and able to handle multiple tasks simultaneously
- Hand Hygiene
- Compassionate Caregiver
- Documentation

REFERENCE

Dhaval Thaser (Registered Nurse) thakardhaval.p@gmail.com +61 493307760 Bupa Age Care, Baulkham Hills

PROFESSIONAL EXPERIENCE

CAREGIVER

Bupa Age Care, Baulkham Hills - Placement

- Helped the residents with daily living activities mainly bathing, feeding, lifting, engaged in activities
- Offered emotional support and communication

CERTIFICATIONS AND QUALIFICATIONS

- Certificate 3 in Individual Support (Ageing and disability)
- First Aid, Cardiopulmonary resuscitation Certificate
- Hand Hygiene for Clinical Healthcare Workers
- Basics of Infection prevention and control in aged care
- NDIS Worker Screening Clearance
- National Police Check
- Working with children check
- Fully vaccinated Covid 19, Flu