LANA TROPINA-EGOROVA

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Assistant in Nursing

Unit 405 18-26 Romsey St, Waitara, NSW 2077

SUMMARY

Dedicated and passionate third-year student studying Bachelor of Nursing with 240 hours of clinical placement experience. Seeking to become a casual assistant in nursing. As a student, has been recognised by peers, tutors and supervisors for the ability to demonstrate a compassionate and friendly attitude as a patient-focused team member. Committed to utilise my skills to help others while gaining experience that is relevant to my study.

EDUCATION

Western Sydney University

Bachelor of Nursing 2022 - current

Have been awarded a place on the School of Nursing & Midwifery Dean's Merit List for the 2022 and 2023 academic years for outstanding academic achievements. GPA is 6.545

SKILLS

- Excellent computer skills, including MS Office and electronic filling systems
- Excellent verbal and written communication skills (English, Russian)
- Strong ability to follow organisation's guidelines and policies
- Able to work independently and as part of a team
- Strong commitment to deliver the highest standards of customer service
- Focused on critical thinking and problem solving
- Willing to learn and develop new skills

OTHER

- Current FLU and COVID-19 (2 doses and buster) vaccination
- Immunisation status is compliant with NSW Health
- Current National Criminal Record Check and WWCC
- First Aid Certificate
- Employment status: Australian citizen
- Hobbies: watching tennis live and on TV; making flowers from clay
- References are available upon request

CLINICAL PLACEMENT

Student Registered Nurse

<u>Silverwater Women's Health Centre (Correctional Centre)</u> 04.12.23 - 15.12.23: 80 hours Placement Focus: Primary Health Care

- Assisted RNs while seeing patients in the clinic (collected vital signs, BGL, performed pregnancy tests, wound care and simple dressings)
- Conducted patients' health assessments, including mental state, family history and substance use history
- Packing medication for patients under RN supervision; educating patients on potential side effects
- Maintained patients' progress notes using narrative and SOAP formats
- Received an excellent mark from the facilitator for active participation in the clinic, escalating deteriorating patents and continuous learning

Student Registered Nurse

The Hills Private Hospital (Rehab)

28.10.23 - 19.11.23 (weekend shifts): 80 hours Placement Focus: Sub-Acute

- Assisted RNs with daily rounds on a busy rehabilitation ward while delivering high standards of care to meet patients needs
- Assisted patients with performing the ADLs (showering, dressing, toileting using bedpans and urinals, performed simple wound dressing and skin care)
- Assisted patients with nutrition needs. Implemented minced, pureed, diabetic diets, and fluid restriction and thickened fluid regime
- Assisted with patient mobility and repositioning
- Collected vital signs, BGL, performed urinalysis
- Administered medication under RN supervision
- Participated in handover using ISBAR protocol and maintained nursing documentation (progress notes, SAGO chart, fluid balance chart, plan of care)
- Prepared rooms, cleaned and gathered equipment

Student Registered Nurse

<u>Estia Health Epping</u> 01.05.23 - 12.05.23: 80 hours Placement Focus: Aged Care

- Performed residents' care (bathing, toileting, dressing, stoma care)
- Provided companionship and emotional support for residents
- Assisted residents with mobility, exercises and nutritional needs
- Collected vital signs and reported to the RN
- Was highly evaluated by the facilitator for an excellent performance during placement