

Kusum Shrestha

Rockdale, NSW

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PROFILE

To secure a challenging and rewarding Aged Care Carer where I can leverage my experience in medication administration, diverse nursing background, and strong skills in patient assessment, and to provide high-quality, person-centred care that optimizes the well-being and quality of life for elderly individuals.

WORK EXPERIENCE

Carer | Bupa Aged Care, Sutherland | March 2024 to Present

- Provide care services to the client with day-to-day activities including showering and dressing
- Cleaned and organized patient rooms; maintained safety and cleanliness
- Assisting in feeding
- Providing emotional support, confidentiality, dignity and privacy to client at all times.
- Comprehensive understanding of residential dementia and care of elderly.
- Assisting in the implementation of treatment plan.
- Respecting client's right culture, and religion.
- Awareness of WHS, infection control regulation, and risk management
- Ability to record client's observation and report to concern person.

Carer Intern | Bupa Aged Care, Bankstown | Jan 2024 to Feb 2024

EDUCATION & QUALIFICATIONS

Educational Institution	Degree	Course Duration
Advance College, Burwood	Certificate III in Individual Support (Ageing & Disability)	Oct 2023- Feb 2024
Tribhuvan University	Bachelor's degree in social science	2014 - 2017

KEY SKILLS

- CPR Certified
- First Aid Certified
- NDIS Clearance

- Microsoft Office
- Safety Awareness
- Personal care assistance

PERSONAL ATTRIBUTES

- Problem Solving
- Communication and Interpersonal
- Teamwork
- Leadership

WORK AVAILABILITY

Happy to do Rotating Roaster, Available AM, PM

REFERENCES

Lorena Carandang | Bupa Aged Care, Sutherland | Registered Nurse |

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