

Nishma khadka

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## **Career Objectives**

A self-motivated nursing assistant who can accomplish all her assigned responsibilities with minimal supervision. I always have a compassion, dignity and respect when looking after my patient. Being in a good physical and mental health I am more than able to take care of the day to day needs of residents and can handle all types of people. With my current employer I am involved in assisting members of nursing team to provide high quality care to people of different age and background. Right now, I am looking for an AIN position with a company that is committed to provide a best health care for its patient and best working environment for its employees.

## SKILLS

• Customer and personal service

- Critical thinking
- Time management
- Complex problem solving
- Active listening
- Coordination
- Active learning

## **Assistant in Nursing**

## ARCARE, WARRIEWOOD (from November 2022 to present)

- Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, using the toilet, changing pads, wiping and moisturising with cream.
- Feed patient or assist patient to eat or drink.
- Record vital signs, such as temperature, blood pressure and pulse as directed by medical or nursing staff.
- Observe the patients skin conditions, bruises, open wounds or if there's blood in urine which need extra medical attention and notify to RN immediately.
- Communicate with patient to ascertain feelings or needs for assistance or social or emotional support.
- Gather information from care givers, nurses or physicians about the patient condition, treatment plans or appropriate activities.
- Document or report observations of patient behaviour, complaints or physical symptoms to RN.
- Listen to buzzer and attend in that room number immediately.

Certificates:

Certificate III in Individual Support (Ageing/Disability) Current First aid certificate Police check Flu Vaccine/Covid Vaccination proof Working with children check Full time working rights. **Referees: Sunu sherpa** 

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