

# Kanchan Regmi

2a Yardley Avenue, Waitara, NSW 2077

M: 0482381504

E: regmikanchan55@gmail.com

## Career Objective

---

Seeking a dynamic role as an Assistant in Nursing, where strong patient-centred care, effective communication, interpersonal skills, and leadership abilities can contribute meaningfully to nursing practices.

## Education

---

### Certificate III in Individual Support (Ageing and Disability)

Advance College (Burwood, NSW)

### Bachelor of Science in Agriculture (BSc Ag)

NPI, Chitwan (Nepal)

## Skills

---

- Personal Care Assistance
- Dementia & Disability Care
- Infection Control & Hygiene
- Manual Handling & Mobility Support
- Effective Communication
- Teamwork & Collaboration
- Documentation & Record-Keeping
- Time Management
- Health & Safety Compliance
- Cultural Awareness

## Current Experience

---

**PERSONAL CARE ASSISTANT PLACEMENT**  
(Catholic Healthcare, Wahroonga, NSW)

**17<sup>th</sup> March 2025- 04<sup>th</sup> April 2025**

### Key Responsibilities:

- **Patient Care:** Deliver comprehensive nursing support, assisted with ADL's; assisted with hygiene care and adherence to best practice protocols.
- **Collaboration:** Partner with registered nurses and allied health professionals to provide holistic care and practice person centred approach
- **Documentation:** Accurately manage patient records, ensuring compliance with legal and regulatory requirements.
- **Infection control:** Adhere to safe infection control techniques, hand hygiene, use of appropriate tools.
- **Food Handling:** Practiced proper food handling process.

## **Personal Care Assistant ( Catholic Healthcare, Wahroonga, NSW) April 2025 - Present**

### **Key Responsibilities:**

- Assisting residents with their overall personal care
- Assisting residents in feeding wholly and partially both
- Providing emotional and physical support to the residents
- Organizing residents' beds, room, and personal belongings
- Attending special care day
- Supporting residents while locomoting
- Using lifters to transfer residents.

## **Cleaning (Pickwick Group Optus Office )**

**Dec 2024 - Present**

### **Key Responsibilities:**

- Address spills, accidents, and other cleaning emergencies promptly to maintain safety and cleanliness.
- Excellent communication skills and the ability to work as a team
- Sweep, mop, and vacuum floors to uphold high cleanliness standards throughout the office.
- Empty trash receptacles in various locations, such as food courts and restrooms, ensuring timely waste disposal and replacing liners as needed.
- Ability to walk, bend, push, pull, and lift repetitively during working hours.

## **References**

---

Muna Bhandari | Registered Nurse (Catholic Healthcare, Wahroonga, NSW)  
M: 0451649403  
E: muna.bhandari@chcs.com.au