

Kalpana Aryal

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An adaptable, analytical and diligent person with a practical hands-on approach,
with a meticulous attention to detail.

Assistant in Nursing

PROFESSIONAL PROFILE

Qualified, professional, and experienced care worker with a passion for improving quality of life for the aged people. Friendly, patient and a great communicator, I am experienced in various aspects of aged care, from general domestic duties to the implementation of comprehensive care plans. I am seeking a role with a quality service provider where I can continue to help people to reach their satisfaction and lead full lives.

KEY AREAS OF ABILITY

1. Ability to work independently and be able to work as a of a supportive team environment.
2. Willingness to undergo training and be able to work within organization's philosophy of care that strongly supports each resident's choice and dignity.
3. A desire and passion for caring for aged people and desire to accept a level of responsibility,
4. The ability to be flexible and adapt to changing needs.
5. Traditional care and commitment to organizational targets
6. Rapport and relationship management with lasting focus
7. Enthusiastic, knowledge-hungry learner and committed to excellence in my work
8. Highly motivated self-starter who takes initiative with minimal supervision
9. Productive employee with solid work ethic who exerts optimal effort in successfully completing tasks

TRAININGS

Manual Handling	Jan 2021
Clover Lea Nursing Home ,Sydney	

Case Management	Jan 2021
Clover Lea Nursing Home ,Sydney	

Food Handling	
Clover Lea Nursing Home ,Sydney	

Infection Control and Hand Hygiene	Jan 2021
Clover Lea Nursing Home ,Sydney	

Dementia care Essentials	Jan 2021
Clover Lea Nursing Home ,Sydney	

CERTIFICATIONS

Certificate III in Aged Care

Mar 2021

PROFESSIONAL EXPERIENCE

Gallipoli Home care

AIN

4 weeks Acute placement

Hunter Hills

3 weeks Aged Care placement of 100 Hours

Hunter Hills

Responsibilities:

- Perform personal care work and support with domestic tasks including cleaning, cooking, feeding and bathing
- Assist with personal hygiene and toileting/continence management
- Assist with mobility and use ceiling hoist systems when required
- Implement behavior intervention and support programs
- Engage clients in community access activities
- Liaise and develop partnerships with community groups

Achievements:

- Developed skills in listening, supporting and dealing with challenging behaviors
- Gained experience in risk assessment and management
- Gained strong communication and listening skills with culturally diverse residents

Skills and Competences

- Able to work in group as a Team:
- Leadership:
- Motivating Others:
- Prioritize work as per need:
- Basic and Advanced Computer Skills and Problem Solving Skills

INTEREST

- Working for the community and society
- Aged care, disability care and child care
- Roles with basic as well as advanced computer skills with administration roles

REFERENCE

Apekshya Sapkota
0478750769
Care Manager

Susmita Aryal
0426212442
AIN

Aarati Khadka
0450719894
RN