

## Kakoli podder

Sydney, Australia 0433795677 kakolilovesk@gmail.com

Devoted and highly qualified Disability support worker bringing a number of years of experience working with patients to meet short- and long-term needs. Accustomed to working within government systems and with community resources to obtain important assistance. Experienced in responding to and resolving emergency situations.

Leverages social work and healthcare expertise to make positive impact on lives of clients. Successfully coordinates referrals for medical and personal support while managing cases and offering counseling. Responsible when tackling challenging issues and protecting vulnerable individuals.

## **Work Experience**

05/2022 to 07/2023

**Disability support worker** 

Fairhaven

Gosford, NSW Australia

• Administered medications and other treatments to maintain ongoing care plans.

• Helped clients with hygiene, grooming and bathroom assistance to support daily living needs.

• Prepared or assisted with meal preparation to encourage client nutrition. Offered companionship and support to help clients develop competencies and foster inclusion.

• Taught clients basic laundry, cooking and other housekeeping tasks to foster independence.

• Encouraged self-care to build confidence and skills for independent living. Organised community-based activities to promote integration and socialisation.

• Offered activities to drive meaningful experiences for clients of various skill levels.

- Executed tasks to alleviate physical discomfort and promote social connectedness, emotional wellbeing and general health.
- Helped clients obtain non-medical ser vices to meet their immediate needs, including financial assistance, housing and legal aid.
- Established and maintained productive working relationships with clients, staff and representatives of community agencies.

## **Nursing assistant**

03/2022 to 04/2023

Thomson health care

Gosford, NSW Australia

 Helped patients dress, undress and complete personal grooming routines to maximize safety and prevent falling.

· Charted daily resident intake and outputs and reported notable changes to care team.

" Collected biological samples for routine assessments and diagnostic tests.

" Worked under RN super vision to support resident care plans.

" Obser ved patients' by checking open wounds and existing conditions.

" Fed patients and helped individuals with self-feeding limitations.

Reviewed patient dietar y restrictions, food allergies and preferences to facilitate appropriate diet.

" Enforced compliance with regulator y requirements, safety measures and facility policies.

Skills CRISIS INTERVENTION " COUNSELLING " CUSTOMER RELATIONS " PROBLEM-SOLVING " ANALYTICAL THINKING " TASK PRIORITISATION " NETWORKING

## Education Queensland institute of education

Other Certificate 3 in individual support and ageing Sydney 12/2019 to 12/2020

South east University, Dhaka Bachelor's Bachelor of finance Dhaka, Bangladesh 04/2008 to 04/2012

Additional Information

Reference

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