

KAMAL BHANDARI
23-25 Muriel Street, Hornsby, NSW, 2077
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CAREER OBJECTIVE

Looking for a career position to utilize talents in prioritizing work and communicating with subordinates for the benefit of aged care and disability services. Seeking a spot in an interactive organization that offers me an opportunity to exhibit my knowledge, skills and giving scope for career to obtain a position in aged care which my previous experience will contribute to greater efficiency and productivity.

SKILLS

- Self-confidence and positive thinker
- Time Management and Organizational Skills
- Ability to do physically challenged works
- Natural leader and Team Building
- Ability to handle high-pressure situations
- Client Relation
- Business development and Service oriented
- Dedicated to work and have flexible attitude to work
- Ability to work in team, good communication and interpersonal skills
- Proficient in Microsoft Office: Advanced Word, Excel, Power point
- Have a can-do attitude and believe in teamwork rather than individual.

EDUCATION

- Completed Year 10 from Arunkhola school, Nawalparasi, Nepal.
- Completed year 12 from Whitefield international College, Kathmandu, Nepal.
- Advanced diploma from Skyline international in Information and Technology.
- Advanced diploma from Campbell Institute in Civil construction design.
- Certificate III in Ageing support and Disability.

WORK HISTORY

St Peter Catholic agedcare, Lanecove (Cleaning and laundry attendant)

- Clean Rubbish bins
- Clean Office kitchens and Lunchroom
- Swept all stairways and vacuumed carpeted floors
- Washed, cleaned and disinfected water coolers
- Cleaned entry door glass inside and outside
- Swept and dusted mop floors.
- Cleaning bathrooms, kitchen, laundry, Bedroom, Balcony etc.
- Looking after all the cleaning works.
- Cleaning the residents' clothes.
- Distributing residents' clothes in their rooms.
- Taking care of washing machines.
- Tagging the clothes in resident's name.

Bayton cleaning company, Catholic and uniting aged cares

- Tagging residents cloth tag.
- Washing personnel cloths, sheets, towels, and napkins.
- Empty, clean all waste containers.
- Sanitizing all areas using appropriate chemicals.
- Mopping and scrubbing, cob webbing.
- Cleaning and polishing toilets, taps, sinks and mirrors.
- Hand dust and wipe clean all furnishings, files, fittings, paneling and windowsills, Steam vacuuming, etc.

Aged Care Placement for Certificate III (Group Homes, St Ives)

- Supporting residents with social and physical activities as well as basics such as eating and drinking.
- Assist with personal care.
- Monitoring individual's conditions by taking their temperature, pulse, respiration and weight.
- Help residents with personal hygiene or toileting.
- Building relationships with residents by creating personal connections and taking an interest in their lives.
- Providing clients with help they require to accomplish daily tasks, including bathing, eating, dressing, grooming, and using the bathroom.
- Provide social support to residents and help them attend social outings with friends and family, including visiting cafes or going on excursions.

AVAILABILITY

Available seven days; weekdays as well as weekend.

References

Available upon request.