Kushum Gurung Contact: 0423603360 Email: kushumgurung123@gmail.com

CAREER OBJECTIVE

Seeking a position of a full time Assistant in Nursing where I can utilise my training, experience and interpersonal skills to provide the highest level of quality care to clients as well as to enhance my practical knowledge and skills in the field of nursing.

SKILLS & ACHIEVEMENTS

- Awarded Employee of the Month for the months of May 2018, November 2018 and March 2019 at Just Better Care, Ryde, Parramatta
- Possess strong organisational skills
- Able to work under pressure and multitask
- Have awareness of WHS, fire regulations and manual handling procedures
- Hard working and reliable
- Organised and quick learner
- Self-motivated team player with the ability to adapt to challenging situations
- Exceptional communication and interpersonal skills, enhancing relationships with and colleagues
- Highly appreciated by the trainer/assessor for my class performances
- Highly appreciated by my work placement for my quick learning attributes
- Highly appreciated by the management and the clients for my contributions and support

QUALIFICATION

- Six months of course in CHC43015 certificate IV in Ageing support /Disability/Home and community care
- First Aid & CPR
- Bachelor of Business Administration from Pokhara University, Nepal
- Diploma in computer Application CTEVT Kathmandu, Nepal (2013 2015)
- 6 months training and Development in soft skills organised by London Institute of corporate training-2015

TRAININGS

- Manual handling
- Infection control & hand hygiene
- WHS training
- Incident/accident/hazard management & training
- Continence management & assessments

EMPLOYMENT HISTORY

- Uniting Aged care (2017)
- Just Better Care (2018- 2022)
- Hardi aged care
- Allity aged care facility Pemulwuy (2018 current)

DUTIES AND RESPONSIBILITIES

- Assist resident with all aspects of daily care, including bathing, feeding and dressing
- Observe and report any change in the client's condition or complaints about care to a supervisor
- Assist with rehabilitation exercises and basic treatment
- To support resident's choice/decision making
- To protect the rights of resident and ensures care provided maintains resident's dignity and privacy
- To maintain the workplace equipment and environment
- To follow correct manual handling procedures

INTERESTS

Volunteering in the community and involve in social works, watching sports, travelling and making new friends.

REFERENCES

Nirmala Kandel Registered Nurse Allity Aged Care, Pemulwuy Contact: 0432080523 nkandel@allity.com.au

Nisha Thakur

Registered Nurse Allity Aged Care, Pemulwuy Contact: 0469368257 nthakur@allity.com.au