

# JOSEPH SIKUKU WANJALA

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## OBJECTIVE

I am a fully qualified and a compassionate support worker looking for an opportunity to use my personality, skills, and experience to provide holistic care to vulnerable people. I have a commitment to continuous improvement, and I am very adaptable to change. I have always felt great satisfaction in helping others to the best of my ability and I enjoy working in environment that enables me to make a positive difference in the lives of others.

- Good understanding of the relevant services act and standards
- Valid driver's license
- Access to reliable vehicle for work purposes

## CERTIFICATION

- Certificate III in Individual Support (Ageing and disability)
- Certificate in First Aid and CPR competency
- Certificate in Manual Handling
- NDIS Modules Certificate
- Certificate in COVID 19-IPC in age care
- Driving License
- Working with Children
- National Police Check
- Manual Handling
- Hand Hygiene
- Computer and Windows Office training
- Outbreak module certification
- West management certification
- Cleaning Certification
- PPE certification
- Chain of Infection Certification

## **EXPERIENCE**

### **Aged care worker | Caring Hands Health Care**

January 2024 – March 2024

- Helping residents with ADLS which includes showering, grooming, tidying of personal bedrooms, making beds, getting into or out of bed or chair, toileting.
- Serving meals and feeding residents according to their care plan
- Experience with de-escalating behaviors with clients diagnosed with dementia.
- Able to assist clients in safe and effective manual handling strategies according to their mobility care plan.
- Maintaining records and completing charts as required, ensuring confidentiality is maintained.
- Answering client calls and assisting with their needs promptly.

### **Disability Support Worker | Carespace Australia/Disability DR**

April 2024 – August 2024

- Assisting the clients in personal care.
- Documenting significant change in resident care using an electronic healthcare management system.
- Assisting and supporting clients to enhance independence in personal care, healthcare and easy access to community services and resources.
- Accompanying clients to the doctor appointments and scheduled activities.
- Assisting clients in carrying out domestic activities such as cooking and cleaning.
- Maintaining records and doing reports as required.
- Completing all lifestyle activities as per the approved activity plan.
- Communicating effectively with the residents, resident's representatives and staff at the facility.

### **Support Work | Informed Western Care Services**

August 2024 – November 2024

Some of my key attributes included:

- Assisting with personal care; bathing, grooming, bed mobility, dressing, oral hygiene, eating and toileting.
- Assisting with medication.
- Proficient in answering call lights promptly and determining residents' needs.

- Strong knowledge of recording accurate food and fluid intake.

### **Support Worker | Legacy Care**

November 2024 – Current

Some of my key attributes included:

- Assisting with daily living tasks like personal hygiene and grooming.
- Providing transportation and companionship for appointments, shopping, and social outings.
- Supporting clients in achieving their NDIS goals, promoting independence and inclusion.

### **Support Worker | Careseekers**

December 2024 – Current

Some of my key attributes included:

- Providing physical support which may include helping with household tasks and personal care in their homes.
- Providing emotional support for an individual and their families.
- Supporting and helping with health care needs, including routine checks or administering medication.
- Encouraging and supporting the development of personal skills through hobbies and interests.
- Teaching life skills, such as shopping, using public transport and paying for bills.
- Working with other healthcare professionals to ensure that all care needs meet the highest possible standards.

## **SKILLS & ABILITIES**

- Effective written and verbal communication skills
- Good interpersonal skills
- Adaptability and
- Compassionate and respectful nature
- A quick learner, eager for growth and innovation

## **REFERENCES**

**Available on request**