JIWAN SHRESTHA

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4/40-42, Empress Street, Hurstville NSW 2220

SUMMARY

Compassionate in aged care with a strong dedication to providing exceptional care and support to elderly individuals. Looking for a progressive and innovative organisation that requires the service of dedicated, ambitious and well-organized staff to offer career growth.

EDUCATION

TRIVENI INTERNATIONAL COLLEGE

Bachelor of Business Studies 2019–2023

PRATIVA SECONDARY SCHOOL

HIGHER SECONDARY LEVEL 2016-2018

UNIVERSE BOARDING SCHOOL

SCHOOL LEVEL 2016

SKILLS

- First Aid/CPR
- Personal care
- Domestic assistance (ADLS)
- Communication skills
- Safety Awareness
- Planning and multitasking
- Teamwork and Collaboration
- Empathy and Compassion Support

CERTIFICATIONS

- CERTIFICATE III in individual support (aging and disability), Aussieglobe Education & Migration - 22 Dec 2023
- First Aid in an Education and Care Setting - 22 Dec 2023
- National Crime Check (NCC) 17 Oct 2023
- Working with children check (WWCC) -8 Jan 2024

PROFESSIONAL EXPERIENCE

PLACEMENT

BUPA AGE CARE ASHFIELD, DEC 11 – DEC 29

- Provided compassionate care to the elderly patients with chronic health conditions
- Assisted with activities of daily living, such as bathing, dressing, feeding and grooming.
- Maintaining a safe and clean living environment for residents.
- Good communication skills, both verbal and written.
- Collaborating with other healthcare professionals, family members, and support staff to provide comprehensive care to the elderly.

KEY QUALIFICATIONS & RESPONSIBILITIES

- Provided outstanding aged care support according to the need of the Elderly.
- Completed all the necessary documentation based on the company policies .
- Conducted transportation arrangements.
- Supported service users' day-to-day living, including hygiene, grooming, cleaning, and help with meals.
- Participated in health and safety orientation sessions.

REFERENCE

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