

JO ANNE MONTEALEGRE RODRIGUEZ

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CAREER OBJECTIVE

To obtain a position in an organisation which will give me an opportunity to expand my practical experience and able to utilise my knowledge and skills to deal with team members effectively as well as providing quality health care to the community.

SKILLS/STRENGTHS

- Compassion and empathy: ensures the emotional, mental and physical well-being of the elderly people. Understands their needs and emotions.
- Client Relations: Communicate well to people from a variety of cultures and socio-economic conditions. Sociable with an optimistic approach.
- Technical: knowledgeable in computer software like Microsoft, eCase
- Dedicated and hardworking
- Reliability and resilience
- Documentation: recording of daily physical condition of residents using eCase software.

WORK EXPERIENCE

NEW ZEALAND

Health Care Assistant (Level 3)

29 August 2011 – 14 October 2024

Oceania Healthcare-Lady Allum, Milford, Auckland

- Assist the Registered nurses in their duties and accept specific areas of responsibility as designated.
- Assisting residents in their daily living activities
- Maintaining respect and dignity to each residents at all times
- Providing confidentiality and culturally sensitive at all times
- Adherence to Health & Safety Policy and Infection Control & Prevention
- Works within the policies and procedures of the facility
- Reporting any untoward incidents immediately
- Excellent written and verbal communication skills with the ability to provide information clearly and concisely
- Possess a positive attitude to change with the ability to be flexible and adaptable as required
- Attends In service trainings

AUSTRALIA

Personal Carer

- a) Client with Brain Injury, Castlecrag, NSW – January 2010 to November 2010
 - Help with household tasks and personal care
 - Feeding and medication administration through a peg tube
 - Alleviate muscle tension and pain through massage therapy
 - Repositioning when in bed to prevent pressure injury

- b) Client with Brain Injury, Hornsby, NSW – January 2010 to September 2010
 - Help with daily living activities
 - Feeding and medication administration through a peg tube
 - Domestic tasks
 - Repositioning at least 2 hours when lying in bed to prevent pressure sores

- c) Client with Cerebral Palsy, Ryde, NSW – September 2009 to January 2010
 - Help with daily living activities
 - Prepare meals
 - Feeding and medication administration through ngt tube
 - Domestic tasks
 - Accompanies to daily scheduled social and recreation activities and provide assistance
 - Routine checks at night

- d) Elderly Care, Hunters Hill, NSW- October 2007 to September 2009
 - Help with daily living activities
 - Assist in feeding/meals
 - Provides emotional support
 - Household tasks

Assistant In Nursing

02 August 2006 – 03 August 2007

Forest View Centre, Chatswood, NSW

- Assist and plan individualised care under the direction and supervision of a Registered Nurse.
- Have a full working knowledge of the Nursing process and how it impacts on residents care.
- Assist residents with activities with daily living according to assessed needs as specified in their Nursing Care Plan.
- Communicate with the Registered Nurse any perceived problems or difficulties related to residents care.
- Assist in the orientation of new staff members.
- Supports other team members in aspects of their work
- Perform other duties as assigned

PHILIPPINES

Neonatal Trainee Nurse

16 March 2006 – 30 June 2006

Community General Hospital, San Pablo, Laguna

Staff Nurse

7 April 2005 – 25 June 2005

Calamba Medical Center, Calamba, Laguna

Company Nurse

20 August 1999 – 6 April 2005

CCT Construction Corporation, Subic Bay Freeport Zone, Zambales

Staff Nurse (Level 1)

15 January 1995 – 17 February 1997

Bataan Provincial Hospital, Balanga, Bataan

SEMINARS/TRAININGS ATTENDED

- Attended in service trainings, Lady Allum, New Zealand
- Dementia Care 20 credits, Tai Poutini Polytechnic, New Zealand

EDUCATION

AUSTRALIA

Australian Institute of Commerce and Language, Sydney, NSW

17 July 2006 -17 June 15 2007

Certificate IV in Business Management

St. George & Sutherland Community College, Sutherland, NSW

Completion date: 29 October 2009

Certificate IV in Aged Care Work-CHC40102

Hornsby Ku-Ring-Gai Community College

Completion date: 28 October 2008

Certificate III in Aged Care-CHC30102

PHILIPPINES

Our Lady of Fatima College, Valenzuela, Manila,

1991-1994

Bachelor of Science in Nursing

Chinese General Hospital, School of Nursing, Blumentritt, Manila

June 1990 – March 1991

Bachelor of Science in Nursing

Far Eastern University, Morayta, Manila

June 1989 – March 1990

Arts and Science (entry course in Nursing)

REFERENCES

Vinal Tahal

Registered Nurse

Oceania Healthcare-Lady Allum

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Joyce Narvasa

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