

SARALA NEUPANE RAYAMAJHI

✉ sanusa80@yahoo.com

☎ 0410847101

📍 Oran Park, NSW 2570

PROFESSIONAL SUMMARY

Compassionate and dedicated Assistant Nurse with 6 years+ of extensive experience in providing professional care to senior residents. Possess expertise in monitoring and assessing old aged people's condition and developing and implementing treatment plans. Effective communicator with excellent problem-solving abilities well developed critical thinking skills, and strong attention to detail.

SKILLS

- Medication competency
- Patient-Focused Care
- Patient Mobility Support
- NDIS Worker Check
- Quality Patient Care
- Time management
- worked as a Receptionist
- Memory support care and handling
- Manual Handling
- Infection Control and hand hygiene Procedures
- Documentation and computer skills

EDUCATION

Advanced College
Burwood • 2017

Certificate III in Aged Care: Nursing Assistance

Southwestern State College
2015

Bachelor Degree: social work

Janajyoti Higher Secondary School
2012

Intermediate degree

WORK HISTORY

Beechwood Aged Care - Assistant in Nursing/Medication Assistant
Revesby, NSW • 06/2017 - Current

- Provided customized care according to individual health plan.
- Reported unusual or urgent circumstances in patients' condition or environment immediately to nurse supervisor.
- Have got medication competency, doing medications from 2 years
- Documented medication administration into electronic medical records (EMR) to avoid duplication of medication dosages.
- Prepared medication doses accurately by following medication administration record (MAR) written by healthcare providers.
- Protected the rights of residents and ensure care provided maintains resident's dignity and privacy
- Respect the confidentiality of residents as well as other team members
- Provided domestic services in the residential facility including food handling, laundry, cleaning and other tasks as instructed by the Care Leader / Registered Nurse
- Worked in Memory Support Care
- Working as an NDIS support worker
- Maintained appropriate hand-washing techniques
- Followed correct Manual Handling Procedures
- Properly trained and followed correct Procedure of Donning and Doffing PPE
- Recently joined in CARE CHAMPION ROLE

Macquarie Lodge Retirement Village - AIN (work Placement)
Arncliffe • 01/2017 - 01/2017

- Provided personal care and safety to patients under the supervision of licensed nursing staff
- Took vital signs of patients
- Assisted the care team by providing helpful, comforting and compassionate care to patients and families
- Facilitated the admission, discharge and transfer of patients on and off the unit
- Maintained an arranged unit environment with adequate supplies and equipment
- Contributed to efficient communication.