

AKRITI ADHIKARI

"GROW THROUGH WHAT YOU GO THROUGH."

About me

Happy, warm, tender, punctual and attentive. These are the qualities that best describe me as a person, and I show it when I work.

EXPERIENCE

PERSONAL CARE ASSISTANT (CATHOLIC HEALTHCARE/ RFBI) + 80 HRS CLINICAL PLACEMENT AT THE SUTHERLAND HOSPITAL (BARKALA AGED CARE)

- Assisting with Activities of Daily Living
- Delivering Person Centred Care
- Monitor, Record, and Report symptoms or changes in patient's conditions to Registered Nurse
- Monitor all aspects of patient care, including diet and physical activity
- Assisting RN in wound management
- Observe and share knowledge around medication administration
- Taking vital signs and documenting in the eMR
- Completing all paperwork to satisfactory standard and making sure all paperwork is up to date

Student library assistant - CHARLES STURT UNIVERSITY, BATHURST

- Locate and shelve library materials. Process materials from multiple collections
- Answer directional questions and basic reference questions
- Search and use databases to locate items physically and digitally
- Arranged the check-in and display of new materials
- Organized the digitization and home delivery materials



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EDUCATION

CERTIFICATE IV IN AGEING SUPPORT

Queensford College

2021-2022

BACHELOR OF NURSING

University of Tasmania

80hrs clinical placement- The Sutherland Hospital

SKILLS

- Active Listening
- Critical Thinking
- Judgement and Decision Making
- Time Management
- Patience and Understanding
- Monitoring
- Customer Service
- Computer Skills
- Teamwork