

HARITHA SREELATHA

REGISTERED NURSE

Address : 104 Main North Road, Papanui, Christchurch 8052, New Zealand.

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CAREER OBJECTIVE

A highly skilled and compassionate Registered Nurse with a diverse background in cardiac care, general medical ward, emergency response, and labor room nursing. With a strong foundation in providing direct patient care, monitoring critical conditions, and collaborating with healthcare teams, I aim to contribute to the delivery of high-quality care in a dynamic healthcare setting. Passionate about improving patient outcomes through evidence-based practices, patient education, and effective communication. Eager to further my nursing career by utilizing my expertise in managing acute conditions, performing life-saving interventions, and supporting both patients and their families through challenging healthcare journeys.

PROFESSIONAL EXPERIENCE

STAFF NURSE - MEDICAL & GENERAL WARD | EMERGENCY & LABOR ROOM NURSE

Taluk Head Quarters Hospital, Kottarakkara, Kollam, Kerala, India | October 2023 - April 2024

- **Comprehensive Patient Assessment & Triage:** Rapidly assess and prioritize patients based on the severity of their condition, ensuring timely medical intervention in emergency, labor, and medical ward settings.
- **Expert Assistance in Diagnostic & Treatment Procedures:** Assist in performing critical diagnostic tests, medical procedures, and life-saving treatments, ensuring accuracy and efficiency in patient care.
- **Advanced Emergency & Trauma Management:** Provide immediate support to doctors during emergency procedures, including intubation, defibrillation, wound management, and trauma resuscitation.
- **Labor & Delivery Expertise:** Monitor maternal and fetal vital signs, assist in both natural and cesarean deliveries, and ensure safe labor progression while providing essential postpartum care.
- **Precision in Medication Administration:** Administer IV fluids, emergency medications, and critical care drugs with accuracy while monitoring for potential adverse reactions and ensuring patient stability.
- **Patient & Family Education & Emotional Support:** Educate patients and families on post-treatment recovery, labor aftercare, newborn care, and emergency response, offering both clinical knowledge and emotional support.
- **Documentation & Compliance:** Maintain accurate medical records, ensure proper documentation of patient conditions and treatments, and adhere to hospital protocols and healthcare regulations.

CARDIAC CARE UNIT NURSE

KIMS Hospitals, Kondapur, Hyderabad | September 2020 - November 2022

- **Direct Patient Care:** Provide comprehensive nursing care to patients with cardiac conditions, including heart failure, arrhythmias, myocardial infarctions, and post-cardiac surgery recovery.
- **Monitoring & Assessment:** Continuously monitor and assess patients' vital signs, cardiac rhythms, hemodynamic status, and overall health condition to detect early signs of complications.
- **Medication Administration:** Safely administer prescribed medications, including IV drips, anticoagulants, vasopressors, and other cardiac treatments while monitoring for side effects.
- **Emergency Response & Life Support:** Respond swiftly to cardiac emergencies, perform CPR, manage code blue situations, and provide both basic and advanced life support interventions.
- **Patient & Family Education:** Educate patients and their families on cardiac disease management, post-surgical care, medication adherence, lifestyle modifications, and discharge instructions.
- **Collaboration with Healthcare Teams:** Work closely with cardiologists, surgeons, anesthetists, and multidisciplinary teams to develop and implement individualized patient care plans.
- **Documentation & Compliance:** Maintain accurate and detailed patient records, ensure compliance with hospital protocols, and adhere to nursing best practices and healthcare regulations.

EDUCATION

- **Bachelor of Science - Nursing**

NS Memorial College of Nursing, Palathara, Kollam, Kerala, India. | September 2015-November 2019

PROFESSIONAL REGISTRATION

- **AHPRA: Australian Health Practitioner Regulation Agency**

- Registration Number: NMW0002924922

- **APC - Annual Practising Certificate. (Nursing Council of New Zealand)**

- Registration No: 352838

- **Kerala Nurses and Midwives Council**

- Registration Number: KL03202003139

PROFESSIONAL CERTIFICATION

- Basic First Aid
- Basic Life Support (BLS)

CLINICAL SKILLS

- Patient Assessment & Monitoring
- Emergency Response & Trauma Care
- Cardiac Monitoring & Arrhythmia Recognition
- Medication Administration
- Wound Care Management
- Labor & Delivery Assistance
- IV Therapy & Central Line Management
- Respiratory Care & Ventilator Management
- Catheterization & Drain Management
- Palliative & Geriatric Care
- Infection Control & Aseptic Techniques
- Electronic Health Records (EHR) Documentation
- Blood Transfusion Administration
- Diabetes & Endocrine Disorder Management
- Post-Operative & Rehabilitation Care

PERSONAL SKILLS

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|---------------------------------------|-------------------------------------|
| • Compassion & Patient Advocacy | • Leadership & Decision-Making |
| • Effective Communication | • Attention to Detail |
| • Critical Thinking & Problem-Solving | • Emotional Intelligence |
| • Team Collaboration | • Conflict Resolution |
| • Time Management | • Teaching & Patient Education |
| • Multitasking | • Ethical & Professional Integrity |
| • Adaptability & Resilience | • Stress Management |
| • Cultural Competency | • Continuous Learning & Improvement |

REFERENCE

- **Alison Cane (CNE)** - Oceania Wesley Institute of Nursing Education, Christchurch.
Email: alison.cane@oceaniahealthcare.co.nz | Mobile: 021342761
- **Simranjit Kaur (Preceptor)** - Radius Hawthorne, 10 Saint Winifreds Place, Bryndwr, Christchurch.
Email: simmykaurbajwa@gmail.com | Mobile: 02102654576
- **Santhosh Prabha (Consultant in Surgeon)** - Government Taluk Hospital, Kottarakkara, Kerala, India.
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DECLARATION

I hereby declare that all the information furnished above is true to the best of my knowledge and belief.

HARITHA SREELATHA