

FLORDELIZA GRIFFITHS

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PROFESSIONAL SUMMARY

Hardworking nursing professional bringing 12+ years of experience delivering exceptional care to elder patients. Knowledgeable about high care and low care requirements and skilled at maximising patient comfort and safety. Well organised and forward-thinking in managing patient needs. In the duration of this employment I have acquired skills to maintain the care of the Dementia ward and involved in the palliative care team.

EDUCATION/ACHIEVEMENTS

Bupa, Dural

- Awarded Recognition for Exceptional Personal Centred Care from Bupa Australia.

National College Australia Bellavista, NSW

- Cert 3: Aged Care Work

Agustin Gutierrez Memorial Academy Naujan, MIMAROPA

- High School Diploma

WORK EXPERIENCE

Bupa Aged Care Dural

AIN Assistant in Nursing | 2009 - Present

- Cleaned and prepared rooms between patients, using aseptic technique to prevent infections and cross-contamination
- Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals.
- Assisted patients with mobility needs, including moving to and from beds, organising wheelchairs and operating the patient lifter machine, following all safety procedures to avoid injuries.

Medlock Home

Disability Care Support | 2020 - 2021

- Drive clients to personal appointments and daily activities.
- Prepare daily meals according to their dietary information.
- Assist with personal care and daily life needs.
- Clean and maintained community share accommodation.