

PERSONAL SUMMARY

Motivated and dependable individual seeking to pursue my academic goals and career path. Passion for personal development and involvement. Looking for an opportunity to develop my knowledge and make a significant contribution as a student. Compassionate carer with hands-on experience in providing personal, behavioral and medical support to elderly and disabled individuals. Possess strong interpersonal skills, demonstrating empathy and respect for patients while fostering a positive environment. Recognized for ability to maintain patient comfort and safety, as well as effectively communicate with family members on care plans. Previous work resulted in improved patient wellbeing and emotional health.

SKILLS

- Adaptable and Flexible
- Physical Strength
- First-aid and CPR
- Cleaning and organization
- Customer Support

WORK HISTORY

PACKER | 01/2021 to Current

One Harvest - Smeaton Grange, Australia

- Packed products in accordance with specified instructions.
- Labeled boxes, crates, and other containers accurately.
- Trained new employees regarding warehouse procedures and standards.
- Inspected items for damage or defects prior to packing to ensure quality control.

CARER | 02/2024 to 03/2024

St. Basil's Home care - Randwick, Australia

- Provided emotional support to elderly clients and their families.
- Assisted with daily living activities such as bathing, dressing, eating, and mobility.
- Organized recreational activities to promote physical and mental wellbeing of the clients.
- Encouraged clients to participate in social activities within their community.
- Provided companionship to reduce loneliness and isolation of elderly individuals.

PACKER | 08/2020 to 12/2020

Gundagai Meat Processor - Gundagai, Australia

- Packed products in accordance with specified instructions.
- Wrapped items securely using appropriate packing materials.
- Labeled boxes, crates, and other containers accurately.

STAFF | 01/2016 to 06/2016

Office of religious affairs of Bengkulu city - Bengkulu, Indonesia

- Assisted with the development and implementation of staff policies and procedures.
- Communicated effectively with customers regarding their inquiries or complaints.
- Maintained detailed records of all customer interactions.

EDUCATION

**CHC33015 - NSW
Certificate III**

individual support, **06/2024**

- I completed a Certificate III in Individual Support at Quest Institute of Education (formerly Queensland Institute of Education) at their Burwood campus from January 15, 2024, to April 8, 2024. This program equipped me with the skills and knowledge to support individuals in aged care. I gained competency in a variety of areas, including providing individualised support, promoting independence and wellbeing, and communicating effectively within the sector. I also learned how to work legally and ethically, follow safe work practices, and recognise healthy body systems. One of the key highlights was learning to support people with dementia and disabilities through person-centred and strength-based approaches.

State Islamic Institute (IAIN) - Bengkulu, Indonesia

Bachelor of Islamic Law

01/2015

Torrens University Australia - Sydney, NSW

High School Diploma

- I am enrolled in Torrens University to start the course in February 2025 for Diploma of Nursing.