

## RESUME

### Suraksha Marasini

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### Professional Summary

I am a dedicated and caring healthcare professional with over three years of hands-on experience in hospital pharmacy and aged care support. I have a strong passion for providing high-quality patient care, providing safe and effective medication, assisting individuals with their daily activities, and ensuring a safe and comfortable environment. I work well both independently and as part of a team, always prioritizing the well-being of patients. Currently, I am looking for a **full-time Assistant in Nursing (AIN)** position.

### Certifications & Training

- ❖ Certificate IV in Individual Support (Ageing/Disability)
- ❖ Registered Pharmacist (Nepal Pharmacy Council)
- ❖ First Aid & CPR Certification
- ❖ Police Clearance Certificate
- ❖ WCC Certificate

### Education

- ❖ Bachelor of Pharmaceutical Science (B.Pharmacy)/ Pokhara University, Pokhara Nepal
- ❖ Proficiency Certificate Level (PCL), Diploma in Pharmacy
- ❖ School Leaving Certificate (S.L.C.) Nepal

### Key Skills & Competencies

- ❖ Compassionate and empathetic approach to caregiving.
- ❖ Proficient in providing personal care assistance, including bathing, dressing, and grooming.
- ❖ Ability to support individuals with mobility challenges using mobility aids and transferring techniques.
- ❖ Excellent communication skills of interacting with clients, their families, and healthcare professional.
- ❖ Strong problem-solving abilities to address unexpected situations and challenges effectively.

- ❖ Patient and calm demeanor to provide reassurance and emotional support to clients.
- ❖ Knowledge of ageing and disability rights and advocacy to ensure client's needs are met.

## Work Experience

**AIN | Alkira Gardens, Residential Care, 2 Animbo St, Miranda NSW 2228**

### Ongoing (Casual)

*During this period, I have been performing the following duties:*

- ❖ Provide residents with emotional support and companionship.
- ❖ Maintain clean, well-organized environment for the resident's happiness and safety.
- ❖ Observe patients for changes in physical, emotional, mental, or behavioural condition.
- ❖ Improve patient outlook and daily living through compassionate care.
- ❖ Assist with meal planning to meet nutritional plans.
- ❖ Create safe and positive living situations for clients by communicating with family and other staff about concerns or challenges.
- ❖ Launder clothing and bedding to prevent infection.
- ❖ Aid with mobility and independence for disabled individuals and continuous monitor.
- ❖ Support with bathing, dressing and personal care needs.
- ❖ Report concerns to nurse supervisor to promote optimal care.
- ❖ Record client status progress and challenges in logbook and report.

### Assistant Pharmacist

- ❖ Military Hospital Pokhara, Nepal  
July 2023 – Sept 2024
- ❖ Namaste Hospital and Research Centre  
May 15, 2021 – May 17, 2021

## Availability

Available full-time employment immediately.

## References

References will be provided upon request.

