

CURRICULUM VITAE

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Summary:

I am a registered midwife and registered community health nurse with over 14 years of experience in diverse departments namely Labour Ward, Surgical Ward, OPD and Family Planning Unit. I started working as a Midwife at the Labour Ward Department and I stayed in this role for 5 years, I worked as an OPD nurse and Family Planning Unit for 10 years and currently working at the Labour Ward Unit of the Parkoso hospital in Kumasi, Ghana. I am a lady with passion for growth and desire to learn new things, I seek to utilize opportunities that enhance me and this has made me gather wealth of experience in the Health Sector. I can work independently with minimum or no supervision and function effectively in teams. I believe I can be a valuable addition to diverse health institutions both locally and internationally.

Experience:

June 2019 – September 2019
Diploma Midwife, Labour Ward
Parkoso Hospital
400 bed Capacity Kumasi-Ghana

Duties and Responsibilities;

- Delivery of babies.
- Care for patients managed using the nursing process based on assessment and diagnosis.
- Inspecting patients' vital signs, including their temperature, pulse, respiration, and blood pressure, and recorded them.
- Patient assistance with daily tasks like bathing, eating, and grooming.
- Working with professionals of multidisciplinary medical team to deliver holistic care and achieve optimal health.
- Administering intravenous fluids, drugs (IV, PO, IM, subcutaneous), and the observation of drug adverse effects.
- Patient admission and discharge including proper documentation of all provided care.
- Giving patients pre- and post - operative care.
- Performing advanced nursing procedures, including as treating wounds. blood transfusion, catheterization, nasogastric tube feeding, oxygen administration, and pain control.

CASES MANAGED; Herniorraphy, Appendicectomy, Prostatectomy, Thoracostomy, Laparotomy + bowel resection and anastomosis , Mastectomy, Care of patients with priapism , Manual bladder irrigation , Wound dressing , Care of patients with stoma

EQUIPMENT USED; Suction machine, Pulse oximeter, Glucometer, Oxygen set up, Nebulizer, Sphygmomanometer, Wound dressing set, Suturing set etc

September 2015 – 2017

Community Health Nurse, OPD

Department Tafo Government Hospital

150 bed Capacity Kumasi-Ghana

Duties and Responsibilities:

- Administration of oral, intramuscular, subcutaneous, and intravenous medication.
- Educated patients about their condition, medications, procedures and care plan instructions.
- Obtained client medical history including medication information, symptoms and allergies.
- Assessed and evaluated patients using the patient-centered care plan.
- Communicate with other staffs to provide care under the prescribed treatment plan.
- Practices comprehensive care in accordance with professional values, moral principles and maintain patient confidentiality
- Ensure wound dressings of both minor and extensive wounds aseptically.
- Regularly monitored and recorded of vital signs such as temperature, pulse, respiration, blood pressure, and oxygen saturation
- Managed of patients on oxygen therapies
- Venipunctures for administration of Intravenous medication
- Engaged clients in recreational and therapeutic activities at the psychiatric unit
- Checked patient's blood glucose levels and recorded it
- Theater posting: preparing patients for operation, assisting in the operating room and management of patients in the recovery room, circulating in the theatre room.

CASES HANDLED; Wound dressing, Care of patients with stoma, Malaria, Fever, Typhoid, Cold.

EQUIPMENT USED; Perfuser, glucometer, cardiac monitor, suction machine, Infusion Pumps, pulse oximeter.

September 2007 – October 2009

Manhyia Hospital

Total # Beds: 200

Staff Nurse: Surgical Ward

Duties and Responsibilities:

- Perform procedures such as Foley catheter insertion.
- Administer medications (oral, intravenous, intra muscular and subcutaneous).
- Insert peripheral IV lines and take blood samples for labs.
- Feeding semi-conscious and unconscious patients.
- Preparing and managing of patient's pre and post operatively.
- Monitoring of vital signs
- Wound dressing.
- Assessment and management of pains

- Administering oxygen therapy and nebulizing patient with respiratory distress.
- Read reports and take note of critical cases, do chart rounds and ensure treatment has been given.
- Administer blood and blood product transfusion and monitoring for adverse reaction.

CASES HANDLED: Acute and chronic asthmatic attack, Sickle cell disease, Cerebra vascular accident, Congestive heart failure, Acute and chronic renal failure, Urinary tract infection.

EQUIPMENT USED: Infusion pumps, Nebulizer, Glucometer, Pulse ox meter
Suction apparatus, Cardiac monitor, Oxygen delivery apparatus(nasal cannula, non-rebreathing mask), Automated external defibrillator.

ROTATION, Gbawe S.D.A Hospital, January 2018 – December 2018

Licenses and Training:

- Registered Diploma Midwife.
- University of Cape Coast.
- Community Health Nurse.

Specialized Skills

- Good interpersonal relationship.Great team player.
- Collaborative skills.
- Prioritizing and organizing task.Basic IT skill.
- Vital signs and documentation. Venipuncture and capillary blood collection.Safe administration of medication.
- Good handling and positioning.
- Good listening Skills, Leadership grace.

Education:

June 2019 – September2019
University of Cape Coast, Cape Coast
Diploma in Midwifery

September 2015 – 2017
St Michaels Midwifery Training School, Kumasi
Certificate of Midwifery

September 2007 – October 2009
Nursing and Midwifery Training College Fomena
Community Health Nursing

Referees:

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