## FAITH WANGUI KARANJA

A certified caregiver

Cell: 0729490167

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P.O Box 403-00219, Karuri.

## SKILLS

- Good communication skills
- Infection prevention control measures and doing aseptic procedures.
- ✤ Creating patient care plan
- ✤ Time management
- Problem solving skills and flexible
- ✤ Compassionate about caregiving.

## LANGUAGES

- ✤ English
- Kiswahili

#### REFEREES

- Winfresha Odaba Nurse 0724354578
- Faith Masogo Nurse Aide Cell: 0723074970
- Margaret Njeri Civil Servant Cell: 0700702689

## PERSONAL PROFILE

A compassionate caregiver who is committed to improving the patient's wellbeing and health through personal care and energetic engagement.

### EXPERIENCE

#### Caregiver at Homecare 360 Oct 2021- to date

Having worked with the agency homecare 360 for a period of 1 year 6 months i have had an opportunity to care for patients with conditions such as, Postpolio syndrome,Diabetic patients, advanced dementia, stroke and bedridden patients. I was lucky to be posted at comfort care(Elderly/recovery home) where I gained experience in dealing with a whole different conditions such as cancer and post-surgery patients. I also gained experience in relating with other medical personnels.

#### **DUTIES**

- ✤ Grooming and dressing patients as needed
- ✤ Launder clothing, bedding and change of linens
- Ensuring that the patient's living space is clean.
- Feeding and administering medication as prescribed by the doctor.
- Documentation of daily reports, output and input and any other activities.
- Accompanying the patient's for doctor's appointments.
- Providing companion to the patient and engaging them in fun and brain storming activities e.g. crosswords, reading novels etc.

# Nursing Assistant at national Spinal Injury Hospital Jul 2021-Sept 2021

On July and August 2021 i worked as a part time intern at spinal injury hospital and on September 2021 I worked as a full time intern.

#### **DUTIES**

- ✤ Giving bed bath to bedridden patients
- ✤ Assisting in activities of daily living.
- Diaper change and pressure area care
- Assist in any clinical procedures such as wound dressing.
- ✤ Draining of urine bag and catheter care.
- Toileting and training patients on bladder and bowel management.
- ✤ Assisting in wheelchair transfer and ambulation.
- Helping in turning and use of comfort devices to prevent pressure ulcers.

## **EDUCATION**

Ujuzi Fursa Africa (Devan Plaza Westlands) Certified Caregiver.

## CERTIFICATION

Save A Life CPR, AED and First Aid Certification.