

# Esikha Maskey

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## OBJECTIVE

Dedicated and compassionate Assistant in Nursing with experience providing high-quality care to patients. Skilled in assisting with daily living activities, monitoring vital signs, and maintaining a clean and safe environment. Seeking to contribute my knowledge and skills to a dynamic healthcare team.

## EDUCATION

2022	Certificate IV in Ageing Support (Australian College of Community and Health Services)
2021	Certificate III in Individual Support (Australian College of Community and Health Services)
2024	First Aid Training, CPR Training and Manual Handling

## Work Experience

Company: Opal Quakers Hillside care community, Sydney NSW (2023-2024)

Job Profile: Assistant in Nursing

Company: EUREKA FACILITY SERVICES, Sydney, NSW (2021-2023)

Job Profile: Assistant in Nursing

## Duties and Responsibilities in Aged care Services:

- Assisted patients with personal care activities, including bathing, grooming, and dressing.
- Monitored and recorded vital signs, such as blood pressure, temperature, and pulse.
- Assisted with patient mobility, transfers, and positioning to ensure comfort and prevent complications.
- Maintained a clean and organized environment for patients, including regular disinfection of equipment and surfaces.
- Collaborated with healthcare team members to ensure comprehensive and individualized patient care.
- Communicated effectively with patients and their families, providing emotional support and addressing their concerns.
- Assisted in the implementation of care plans, documenting patient progress and any changes in their condition.
- Respond immediately to calls from patients for assistance or treatment and alert medical staff to pending emergency situations.
- Protects residents' rights and ensures residents dignity and privacy.
- Work with dining room personnel to ensure that all residents get the correct meals and that all residents can eat.
- Ensuring all the job is performed, check listing the job duties and reporting to the care manager or Duty Nurse.

## RESUME

### SKILLS

- Strong knowledge of medical terminology and procedures.
- Excellent interpersonal and communication skills.
- Ability to work effectively in a fast-paced and demanding healthcare environment.
- Proficient in using medical equipment and technology.
- Detail-oriented with a strong focus on patient safety and well-being.
- Ability to work collaboratively as part of a multidisciplinary healthcare team.
- First Aid, CPR and manual handling training session completed.
- Computer Skills, communication through emails and can use MS word, Excel, Power point etc.

### STRENGTH

- Goal oriented, results achiever, Meeting deadlines
- Self-Motivated, Delegating tasks, Personal Management and organization skills
- Prioritizing tasks, hands on at work, Attention to details and Strong Work Ethic
- Computer Skills, Interpersonal Skills, Teamwork Skills and leadership skills
- Honesty, Integrity Loyalty and Punctuality
- Analytical, Problem-Solving Skills, Strong Analytical abilities
- Sales skills, Persuading people and Customer service skills
- Motivated, enthusiastic and reliable.
- Build rapport, listen, clarify and manage conversational flow.
- Bringing smile on everyone's face, always adjusting and always ready to face challenges.

### REFEREES

**Name:** Deepa Joshi

**Mobile no:** 0401454003 (Registered Nurse, Opal Quakers Hillside care Community)

**Email:** [Deepa.joshi@opalhealthcare.com.au](mailto:Deepa.joshi@opalhealthcare.com.au)

**Name:** John Shrestha

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