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# DIPIKA KOIRALA

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## PROFILE

A motivated and inspired person who enjoys offering support and help to both people and organizations. Capable of giving clients skilled and caring care. self-assured in their capacity to forge fruitful connections by presenting a unique and comprehensive strategy. With a strong background in support work and a commitment to providing complete and individualized client care, this person is compassionate, community-focused, adaptable, and has an exceptional work ethic. competent in keeping an eye on vital signs, helping with daily living activities, and assisting nursing personnel in providing the best possible care for patients. demonstrates a strong dedication to increasing patient comfort and well-being and possesses outstanding communication skills.

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## SKILLS

- **Punctual and reliable**
- **Time Management**
- **Computer Skills**
- **Quick learner**
- **Relationship Building**
- **Creativity and Originality**
- **First aid and manual handling certified**
- **Appointment Scheduling**
- **First and Safety**
- **Communication Skills**
- **Mobility Support**
- **Dependable and Responsible**
- **Experience providing support to individuals**
- **Ability to work effectively in team environment**

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## EDUCATION

Secondary Education

**Deepjyoti Awaisha Ma. Vi-** Gongabu, Kathmandu Nepal

Intermediate Level,

**Herald international collage, Bashundhara,** Kathmandu Nepal

Accounting 2023

Edith cown university , perth

Certificate III in the Individual Support Ageing

**Aussie globe, rockdale**

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## CERTIFICATIONS

First Aid and CPR certificate

National police check

COVID Vaccination with booster dose

Flu Vaccine

Manual handling Certificate

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## AREAS OF EXPERTISE HEALTH CARE

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- Duties include working with the staff as a team to provide quality care to patients all the time.
- Help the patient with their activity of Daily living such as showering, eating, and feeding along with helping with mobilizing the patients.
- Observe and report any changes in the resident's conditions or any complaints about care to a supervisor.
- Compatible with automatic as well as manual lifting devices
- Enthusiastic in learning new skills

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## PERSONAL

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- Able to comply with relevant documentation requirements including maintenance of client records and discharge planning.
- Able to reflectively listen and communicate both verbally and non-verbally with people from diverse backgrounds in a manner that ensures confidentiality, privacy and sensitivity as established and experience in monitoring the health's of individual groups and communities.
- Developed competency thorough clinical placements and experience in monitoring the health's of individual groups and communities.

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## EXCEPTIONAL SKILL

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- Able to work with people of diverse social backgrounds.
- Maintain good relationships with clients.
- Documenting accurately according to the legal requirements of the organization.
- Ensuring the dignity and confidentiality of all residents.

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## PROFESSIONAL SUMMARY

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Kopwa agecare, roseville (120 hours of placement)

- full time worker
- Provided clients with emotional support and companionship.
- Maintained a clean and organized environment for resident's happiness and safety.
- Improved patient outlook and daily living through compassionate care.
- Observed residents for physical, emotional, mental or behavioral injuries.
- Followed care plan.
- Aided with the mobility of individuals and continually monitored safety.
- Reported concerns to the nursing staff to ensure the visor promotes optimal care.
- Worked flexible hours, morning, afternoon, night, weekend and holidays shift.
- Recorded client status progress and challenges in logbooks and reports.

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## REFERENCE

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Available on request