

Dipesh Nepal
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Objective

I am a Compassionate and experienced Aged Care Worker dedicated to improving the well-being and quality of life for elderly individuals. Skilled in providing personalized care, fostering emotional connections, and supporting independence through daily living assistance. Committed to creating a safe, respectful, and nurturing environment while collaborating with families and healthcare teams to deliver exceptional care.

Key Skills

- Assisting with daily living activities (bathing, dressing, grooming, feeding)
 - Observing and documenting resident health and wellbeing
 - Providing emotional support and companionship
 - Assisting with mobility and transfers using equipment like hoists
 - Monitoring and reporting changes in health conditions
 - Familiarity with infection control protocols and WHS standards
 - Experience working with residents with dementia and Alzheimer's
 - Strong communication and interpersonal skills
 - Ability to work effectively as part of a multidisciplinary team
- Australian Provisional Driver License

Education and Qualification

Certificate III in Individual Support (Ageing and Disability) CHC33021
Invention Training College, 2024

Bachelor of Information Technology
King's Own Institute 2023- Present

Professional Experience

Assistant in Nursing (AIN)
Aeralife The Manor 91 Bligh Street Fairfield East, NSW 2165
July 2024 – Present

- Assist residents with personal care, including hygiene, dressing, and meals.
- Monitor and document residents' health status, reporting any changes to the nursing staff.

- Provide emotional support to residents, fostering a positive and caring environment.
- Aid residents with mobility, ensuring their safety during transfers and use of equipment.
- Maintain a clean, hygienic, and safe environment in compliance with facility policies.

References

Caridad (Carie) Gracia
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